Vol. XIV. No. 5

THE CANADIAN NURSE

AND HOSPITAL REVIEW

Owned and Published Monthly by the Canadian National Association of Trained Nurses

Printed by Evans & Hastings Printing Company, Vancouver, B. C.

Registered at Ottawa, Canada, as Second-Class Matter.

MAY, 1918

	Page
National Registration	1015
The Organization of Public Health Nursing	1017
Social Training of the Pupil Nurse	1020
Annual Meeting of Canadian Association of Nurse Education	1022
Annual Meeting of Canadian National Association of Trained Nurses	1023
Annual Meeting of National Council of Women	1026
Editorial	1029
Victorian Order of Nurses	1031
Canadian Nurses' Association	1033
News from the Medical World	1034
Public Health Nursing Department	1037
The Diet Kitchen	1040
Hospitals and Nurses	1043

All Communications to be addressed to the Editor and Business Manager, 302 Fifteenth Avenue, East Burnaby, B. C.

Subscription, $2.00 a Year **Single Copy, 20 cents**

Entered as second-class matter March 19, 1895, at the Post Office at Buffalo, N. Y., under the Act of Congress of March 3, 1879.

LIBRARY
MEDICAL FACULTY,
McGILL

THE

CANADIAN NURSE

A Monthly Journal for the Nursing Profession in Canada

VOL. XIV. VANCOUVER, B.C., MAY, 1918 No. 5

The Canadian Nurse and Hospital Review

Editor and Business Manager.....MISS HELEN RANDAL
302 Fifteenth Avenue, East Burnaby, B. C.

Collaborators..... MISS ELIZABETH ROBINSON SCOVIL
MISS EUNICE H. DYKE, R. N.

OWNED AND PUBLISHED BY THE CANADIAN NURSES' ASSOCIATION

President..... MISS JEAN GUNN
Toronto General Hospital, Toronto, Ont.

First Vice-President.....MISS GRACE FAIRLIE
Montreal, P. Q.

Second Vice-President.....MISS M. GRAY
Winnipeg, Man.

Treasurer.....MISS H. DESBRISAY
91 Ontario Street West, Moptreal, P.Q.

Secretary .....MISS E. I. JOHNS
Children's Hospital, Winnipeg, Man.

Councillors—MISS JEAN BROWNE, Regina; MISS E. GILROY, Winnipeg; MISS M. HERSEY, Montreal; MISS E. McP. DICKSON, Toronto; MISS POTTS, Toronto; MISS HELEN RANDAL, Vancouver, B. C.

National Registration

IMPORTANT NOTICE TO THE MEMBERS OF THE CANADIAN NATIONAL ASSOCIATION OF TRAINED NURSES

The following is an extract of a communication received from the office of the Canadian Registration Board:

"The names of sixteen Superintendents of Registration have been announced in the press, and these Superintendents will now be looking out for suitable persons to act as Registrars for the two hundred and thirty electoral districts throughout the country, and they in their turn will be charged with the duty of selecting Deputy Registrars and Assistant Deputy Registrars. I would venture to suggest to your organization that your Provincial and local branches should immediately assist in assuring the success of Registration by suggesting to the Superintendents already appointed, and to the Registrars as they are selected, the names of persons of either sex competent and willing to undertake to serve under the Board in any of the capacities indicated above, all of which are open equally to men and women.

"If unpaid efficient service is available, this should be first utilized. If not, see that the Registrar has names of efficient persons from whom to

LIBRARY
MEDICAL FACULTY

select his officials. Efficiency is absolutely essential to a One-day Registration, unpaid if possible, but efficiency always, either paid or unpaid.

"The Board is of the opinion that the teaching profession should furnish the most efficient assistance in Registration, more especially as it is hoped that the school premises will be available as Registration Booths, and that the children will also help in spreading information about Registration. The day fixed for Registration will probably be a Saturday, so as to make the least possible disturbance in the school routine. It is important, therefore, that the teachers should have the opportunity of offering their services if they so desire.

"The Board, in laying its plans, has counted upon an almost unlimited supply of voluntary service of all kinds, and has in preparation a leaflet containing further suggestions as to the sphere of voluntary effort.

"The Regulations lay down as essential qualifications for Deputy Registrars and their assistants that they 'should be competent, literate persons, whose hand-writing is legible and neat, and they should be selected with due regard to their qualifications for the duties which they are required to perform,' and it is also desirable that those who have to elicit and record personal and private details should be persons of sympathy and intelligence, and for these qualities it is impossible to fix any rate of pay."

The organizations holding membership in the Canadian National Association of Trained Nurses are asked to accept this as an official notice from the Executive Committee, and to immediately get in communication with the nearest Superintendent of Registration, offering all possible assistance. The Canada Registration Board has asked for the support and active co-operation of all women's organizations in making the One-day national registration a success.

The members of the Canadian National Association of Trained Nurses must do their share. Each member can assist in explaining National Registration to the people in her vicinity, even if she cannot be of assistance in the actual work.

The following suggestion is offered to the organizations holding membership: "Find out the plans of all women's organizations in your locality and work in unison with them.

JEAN I. GUNN,
President.

Speak thou the truth. Let others fence
And trim their words for pay;
In pleasant sunshine of pretence
Let others bask their day.
Guard thou the fact: though clouds of night
Down on thy watch-tower stoop,
Though thou shouldst see thine heart's delight
Borne from thee by their sweep.

The Organization of Public Health Nursing

READ BEFORE CANADIAN CONFERENCE OF CHARITIES AND CORRECTION, OTTAWA, 1917.

Miss Eunice H. Dyke, Director, Division of Public Health Nursing, Department of Public Health, Toronto.

Since the President has expressed confidence in the value of our Toronto experience, I shall attempt to summarize for you our present conclusions in regard to the organization of public health nursing.

Dr. Bryce is a welcome visitor to our Department, because he compels us to analyze our statements of results attained. It is difficult to analyze the complex conditions which arrive at apparent results. Fearing that the public health nurses might over-estimate the value of their efforts in obtaining the steady reduction in Toronto's infant mortality, he insisted recently upon extracting statements from us of other possible factors resulting in the reduction. Finally he remarked, "Don't you think the weather may account for it?"

The beginnings of public health nursing are so remote in history that there has been difficulty in tracing them, and the present forms of this branch of nursing are so varied that it is difficult to define the term. The American and Canadian National Associations include as Public Health Nurses all those whose work is directed towards the prevention of disease. Toronto's Medical Officer of Health prefers to apply the term only to those nurses employed by the Department of Public Health, and it is in that restricted sense that I shall discuss the organization of Public Health Nursing.

A city employs or utilizes many groups of people in maintaining the welfare of its citizens. Clergymen, school teachers and police officers have definite functions. Private physicians care for the majority of citizens in illness, while hospitals are provided for a small but increasingly large number. Innumerable organizations and institutions maintained by private or civic efforts attempt to deal with the results of social maladjustment and disease. A few experiments in preventive work are securing results.

The experience of private organizations in Canada and elsewhere has demonstrated that municipalities have a strong social force in their graduate nurses—workers who can be organized to meet situations previously ignored or inadequately dealt with.

Unfortunately, the educational standards of the Training Schools for Nurses in Ontario are not guaranteed by the educational authorities. It is necessary, therefore, for our municipalities employing Public Health Nurses to guard standards in the only way possible, which is by recognizing those standards set by the Graduate Nurses' Association of Ontario. Occasionally a nurse with personality and with powerful friends, but

lacking the required standing, will become interested in welfare work. It may be difficult to reject her application. A teacher seeking a public position must present the necessary diploma, but the public is slow to adopt the same safeguards for the nurses employed by public departments. Private schools may dispense with diplomas, although few do so, and settlements may employ nurses who are not fully qualified. A municipality cannot, however, safely appoint its school teachers or Public Health Nurses without regard for diplomas.

Present training schools for nurses do not fully equip their students for public health work, but they provide a necessary foundation upon which further training may be based. The nurses are urging their schools to meet the new demands upon the graduates. Toronto, in the meantime, has secured certain necessary postgraduate work for its Public Health Nurses, but the first requisite is that they shall be members of the Graduate Nurses' Association of Ontario.

The term "Public Health Nurse" has its limitations. The term "nurse" carries with it traditions of service which are narrower than the new opportunities, but we cling to the name because of the entry which it gives to the home. Other terms might convey the impression of superior wisdom or of criticism, which, in themselves, create a barrier. The people of Toronto, who employ us, call us "City Nurses." Opportunities to teach and advise or to secure the interest of other groups for a distressed home, come as the result of the definite service we are required to render.

This co-operation with other groups is essential, and we believe that it is best secured by avoiding complete identification with any group. Race, religion, occupation, and social outlook create natural barriers. The city nurse is employed from funds provided by all. Her opportunity to serve all will be limited if she becomes known as a dispensary nurse, a settlement nurse, or the nurse of some one church in a district of many churches. The three groups of civic buildings which are common to all are the libraries, the fire halls, and the police stations. The police department granted our request for rooms in the police station to serve as district offices, and four of the six district offices are in these stations.

By a plan of district organization, the division of responsibility is secured which is essential for our staff of 92 nurses. Also, we have found that the co-operation secured with local organizations is more genuine when secured for a local office rather than for a remote City Hall.

The groups with which co-operation is maintained on a definite basis as a part of the daily routine are as follows:

Hospitals—Extension Service	10
Tuberculosis Clinics in Hospitals	4
Schools, Public and Separate	118
Child Welfare Clinics in Neighborhood Centres	22
Licensed Baby Homes	97
Day Nurseries and Homes	6
Civic Departments—Absentee Employees	7

Voluntary agencies, such as private physicians, settlements, and clubs for social or relief work, defy classification, and the work done for them and in co-operation with them is not tabulated as such in our daily reports. The co-ordination of our neighborhood service with theirs is an ideal which we strive more or less successfully to attain.

Toronto experimented with specialized nursing—tuberculosis, child welfare, contagious, and school nursing—but has adopted a plan of generalized public health nursing. Each nurse has her district, which includes a school or possibly a day nursery or child welfare clinic. The only exception to this rule is in the case of the nurses attached to the out-patient departments of hospitals and those visiting the Separate schools. These two groups refer all home visiting to the district offices and receive reports from those offices. The public health nurse assigned to a district receives information concerning her district families from many sources.

Generalized public health nursing includes work requiring the direction of specialists. Special directors are therefore provided, statistical, medical and social. The nurses are, however, responsible to the director of their own Division, who is herself a nurse. In order that the interest of the special directors in their special work may not dislocate the organization, all their orders affecting routine must be written and are initialled by the Director of the Division of Public Health Nursing before being forwarded to the district offices. Attempts to place the administration of a department of nursing in the hands of any but nurses have met with failure elsewhere.

Local traditions and conditions will determine the form of public health nursing which will best serve any community, but there are four points which, in the light of Toronto experience, seem to be essential. The nurse should be a graduate of a recognized training school; the smallest staff should have one member responsible for the organization of their work; close co-operation should be maintained with other welfare organizations, but complete identification avoided; and in order to secure this last point, the public health nurse should be responsible to the Medical Officer of Health.

The organization of public health nursing is commanding the thought of some of the most progressive of social workers. They recognize that the nursing profession has traditions which can be utilized more fully in the public service and that the public health nurse, when given opportunity to organize their efforts, are the strongest available force in the prevention of disease. Prevention of diseases is not the least part of a constructive social programme.

Thank God every morning when you get up that you have something to do that day which must be done, whether you like it or not. Being forced to work, and forced to do your best, will breed in you a hundred virtues which the idle never know.—CHARLES KINGSLEY.

Social Training of the Pupil Nurse

Four years ago the University of Toronto inaugurated a Department of Social Service, including in its curriculum a Medical Social Service Course. In addition to the "full time" course a schedule of lectures on Medico-social subjects was arranged for "part time" students. This lecture course, consisting of one lecture a week during the college year, was the beginning of an educational programme for nurses, and was taken advantage of by graduate nurses interested in social problems and nurses in training in the various city training schools.

The theory of medico-social work was in this way presented to a group of between one hundred and fifty and two hundred nurses each year, but the feeling was prevalent that, in addition, practical experience should be given to a limited number who might show a willingness to take up this branch of nursing work as a profession. For some years a certain percentage of the pupil nurses of the Toronto General Hospital have been given this advantage in connection with the Social Service Department of the Hospital. In the third year of their course they spend from two to three months in this Department as volunteer workers, assisting in general Social Service work in the wards and out-patient department, and also the specialized work under the supervision of the worker in charge of these branches, which pertain to social problems connected with Psychiatry, Special Treatment Clinics for syphilis and gonorrhœa, pre-natal work, and work with the unmarried mothers.

A short time ago the Department of Public Health of the city offered to give field work to some thirty student nurses a year, and a plan is now under consideration to take advantage of this offer. A meeting was called in the Social Service Building of the University, resulting in a satisfactory co-operation between the director of Medical Social Service of the University, the director of Public Health Nursing for the Department of Public Health of the city, and the superintendents of the city training schools. A preliminary schedule for 1918-1919 is as follows:

	Nurses
May—	
Toronto General Hospital	2
June—	
Hospital for Sick Children	1
Western Hospital	1
Grace Hospital	1
Wellesley Hospital	1
September—	
Toronto General Hospital	2
October—	
Hospital for Sick Children	1
Isolation Hospital	1
Western Hospital	1
Grace Hospital	1

November—	
Toronto General Hospital	2
December—	
Western Hospital	1
Orthopædic Hospital	1
Grace Hospital	1
Wellesley Hospital	1
1919	
January—	
Toronto General Hospital	2
February—	
Isolation Hospital	1
Hospital for Sick Children	1
Western Hospital	1
Wellesley Hospital	1
March—	
Toronto General Hospital	2
April—	
Hospital for Sick Children	1
Western Hospital	1
Grace Hospital	1
Wellesley Hospital	1

The Department of Public Health consists of a main office and six sub-divisions or districts in different parts of the city. Each nurse will spend some time in the main office and the remainder in one of the sub-stations under training of the district supervisor. Reports of the work and progress will be sent to the Director of Public Health Nursing and the director of Medical Social Service.

Thus, in addition to the theory of social work will be given the actual experience to a number from each training school, thereby gaining a first-hand knowledge of social conditions prevailing in Toronto and a more intimate understanding of the forces working for the improvement of our social order. The medical profession is appreciating the fact that prevention of disease is more scientific than amelioration or cure, and we believe that the nurse with social training is the logical assistant to the physician in this new battle against disease, crime and premature death.

Still one thing remains to furnish the House Beautiful, without which guests and books and flowers only emphasize the fact that the house is not a home. I mean the warm light in the rooms that comes from kind eyes, from quick, unconscious smiles, from gentleness in tones, from little unpremeditated caresses of manner, from habits of forethoughtfulness for one another—all that happy illumination which, in the inside of a house, corresponds to morning sunlight outside falling on quiet, dewy fields.—WILLIAM CHANNING GANNET.

Annual Meeting of the Canadian Association of Nurse Education

To Be Held in West Hall, University of Toronto, June 4th and 5th, 1918.

SYNOPSIS OF PROGRAMME.

TUESDAY, 10.00 A.M.—

Reading of Minutes.
President's Address.
Report of Secretary.
Correspondence.
Report of Treasurer.
Report of Committees.

TUESDAY, 2.00 P.M.—

Joint meeting with the C. N. A.
Invocation, Archdeacon Cody.
Address of Welcome, His Worship Mayor Church, of Toronto; Sir Robert Falconer, President of Toronto University; Miss M. A. Snively; Col. Primrose, President of the Academy of Medicine, Toronto.
Response to the Addresses of Welcome by Miss Stanley, London.
Paper—Dr. Allan Brown, on "The Status of Child Welfare Work in Europe and America."
Paper—Miss Agatha Hodgson, Chief Anæsthesist, Lakeside Hospital, Cleveland, on "The Work of the Nurse Anæsthesist."

WEDNESDAY, 10.00 A.M.—

Unfinished Business.
Discussion on the Report of the Standard Curriculum for Small Hospitals, opened by Miss Johns, Winnipeg.
Round Table "A" for small Hospitals, conducted by Miss Giffin, of the Children's Memorial Hospital, Montreal.
Round Table "B" for the Nursing of Tuberculosis Patients in neighboring Sanitariums, by the General Hospital, conducted by Miss Martin, of Winnipeg.

WEDNESDAY, 2.00 P.M.—

Paper "A"—Problems of Teaching, by Miss Farquharson, Instructor, Hospital for Sick Children, Toronto.
Paper "B"—How can we Aid our Instructors to Render their Best Service?
Paper—By Miss Kelly, Supervisor of Burnside, Toronto General Hospital, on "Obstetrics" and "The Relation of the Maternity Hospital to Child Welfare."
Paper—By Miss Elizabeth Cowan, former Dietetian of Royal Victoria Hospital, Montreal.

Paper—By Miss O'Riley, on "The Administration of Caloric Diets in Diabetes Mellites."
Elections.
Time and place for next meeting.

FRIDAY, P.M.—

Address by Miss Nutting, Teachers' College, Columbia University, New York.
Paper—By Miss Deans, of the Red Cross Nursing Service, Washington, on "The Development of the Red Cross Nursing Service."
Address or Paper, by Miss E. C. Raeside, Matron-in-Chief of Military Nursing Service, Canada.
Address—By Dr. Helen McMurchey.

Annual Meeting of Canadian National Association of Trained Nurses

To be held in Toronto, June 6th, 7th, and 8th.

ALL MEETINGS OF THE ASSOCIATION WILL BE HELD IN WEST HALL, University of Toronto.

PROGRAMME

Tuesday, June 4th, 1918:

2 P.M. Joint Meeting with the Canadian Association of Nurse Education (programme already sent by C. A. of N. E.)

Thursday, June 6th, 1918:

9:30 A.M. Address of President.
Report of Secretary.
Report of Treasurer.
Report of "Canadian Nurse."
Reports of Standing Committees.
Reports of Special Committees.
Reports of Affiliated Organizations.

2 P.M. Paper—"Public Health Nursing in Manitoba," by Miss Elizabeth Russel, Winnipeg, Manitoba, Superintendent of Provincial Public Health Nurses.
Paper—"Public Health Nursing in Alberta," by Miss Christine Campbell, Superintendent of the Royal Alexandria Hospital, Edmonton.
Paper—"Halifax Disaster and the Relief Work Done," by Miss Pickles, Superintendent of Nurses, Victoria General Hospital, Halifax.

Paper—"The Infant Soldier," by Dr. W. W. Chipman, Professor of Gynaecology and Obstetrics, McGill University.

Paper—"The Work of the V.A.D.," by Mrs. Henderson, of Montreal.

Friday, June 7th, 1918:

9:30 A.M. Report of Committee on the Revision of the Constitution and By-Laws.
Unfinished business.
"Victorian Order Work," by Mrs. Hannington, Superintendent of Victorian Order of Nurses, Ottawa.

2:30 P.M. Visit to Hart House and Davisville Orthopoedic Military Hospital.

8 P.M. Joint Session with the Canadian Association of Nurse Education.
"Nurse Education," by Miss Adelaide Nutting, Teachers' College, Columbia University, New York.
"Introduction of Nurse Education in Canadian Universities" (name of speaker undecided).
Discussion opened by Miss E. Johns, Superintendent of Nurses, Children's Hospital, Winnipeg.

Saturday, June 8th, 1918:

9:30 A.M. Unfinished business.
Paper—"The Duty of a Nurse to Her Nursing Journal," by Miss Elizabeth Robinson Scovil, of Gagetown, New Brunswick.
Roll Call of Delegates.
Election of Officers.

2 P.M. Session will be called if business is not completed. The Hospitals of the city are open at any time to the visiting delegates, but special guides will be provided this afternoon.

NOTE—The above programme is subject to change.

Subjects for discussion in the business sessions are as follows:
Plans for the "Canadian Nurse" for the coming year.
The great shortage of graduate nurses throughout the Dominion and how to meet this National need.
The adoption of a new Constitution and By-Laws.

The following resolution was presented at an Executive Meeting of the National Council of Women, and will come up for discussion at the Annual Meeting of that organization being held in Brantford beginning Tuesday, June 11th:

Resolution—"Resolved, that the National Council of Women consider the training and standing of Voluntary Aid Nurses in Canada, and the suggestion that a badge or pin be issued in recognition of same."

The following suggestion from the Executive of the Canadian National Association of Trained Nurses: "That all affiliated organizations increase their membership fee so as to include the subscription to *The Canadian Nurse* for each member.

HOTELS.

The following hotels are recommended by the Committee on Arrangements:

The Queens.

European plan, without bath, single	$2.00 each
European plan, without bath, 2 or more in room	1.50 each
European plan, with bath	2.50 up
American plan, without bath	4.00
American plan, with bath	4.50 up

King Edward Hotel.

European Plan

$1.50 per day and up, single.
$2.50 per day and up, double.
Without bath but with privileges.

American Plan

$2.50 per day and up, single.
4.00 per day and up, double.
Private bath attached.

Bedrooms, with parlor and private bath attached en-suite, having two single beds, $7.00 per day and up, according to location of suite.

Bedrooms, having two single beds, have private bath attached.

Prince George Hotel.

All European Plan

Rooms, with baths, $2.50 to $3.00 per day.
Rooms, without baths, $1.50 to $2.00 per day.
Grill Room a la carte.

Application should be made directly to the hotel management. Delegates wishing to secure boarding places, not in an hotel, should write to the Convener of the Arrangements Committee, Florence J. Potts, Hospital for Sick Children, Toronto.

TORONTO GRADUATE NURSES' CLUB

Room and breakfast, $1.25 per day. The number of rooms here is very limited (6).

HEADQUARTERS.

The Committee on Arrangements for the Convention of the Canadian National Association of Trained Nurses and the Canadian Association of Nursing Education have engaged for their headquarters the University of Toronto. Meetings to be held in the West Hall, Main Building.

RAILROAD RATES.

The Railway Companies are not giving reductions. Each delegate shall pay full railway fare.

FLORENCE J. POTTS,
Convener Arrangements Committee.

Annual Meeting of National Council of Women of Canada

The Annual Meeting of the National Council of Women of Canada will be held in Brantford, beginning Tuesday, June 11th.

The following is a summary of the Preliminary Agenda:

Tuesday, June 11th:

Meetings of Standing Committees and of International Committee.

Wednesday, June 12th:

9:30 A.M.-1 P.M. Meeting of the Executive Committee.

2:30-5.30 P.M. Meeting of Council—Address of welcome.
Reply.
President's Address.
Correspondence.
Notices.
Appointment of Tellers.
Report of Corresponding Secretary.
Report of Treasurer.
Appointment of Auditor.
Reports of Provincial Vice-Presidents.

Thursday, June 13th:

10 A.M. Meeting of Council—Reports.
Committee on Agriculture for Women.
Committee on Care of Mentally Deficient.
Committee on Citizenship.
Committee on Equal Moral Standard.

Friday, June 14th:

10 A.M. Meeting of Council—Reports.
Committee on Conservation of Natural Resources.
Committee on Finance.
Committee on Fine and Applied Arts.
Committee on Household Economics.

Saturday, June 15th:

10 A.M.-1 P.M. Meeting of Council—Reports.
Committee on Education.
Committee on Nursing.
Committee on Professions and Employment for Women.
International Council.

Monday, June 17th:

10 A.M. Meeting of Council—Reports.
Committee on Supervised Playgrounds, Recreations and Social Service.
Resolution *re* Soldiers' Dependents and Soldiers' Pensions.
Report, Committee on Public Health.
Re Footwear Reform League.
Report, Special Committee on Trades and Labour Unions in relation to Women and Children.
Unfinished business.

Tuesday, June 18th:

10 A.M. Meeting of Council—Reports.
Committee on Suppression of Objectionable Printed Matter; Special Committee on Taxation.
Unfinished business.
Reports—Committee on Immigration.
Committee on Laws for Better Protection of Women and Children.
Publication of Mrs. Edwards' *Legal Status.*

Wednesday, June 19th:

10 A.M. Private Meeting of Council—Reports.
Special Committee on Reorganization of Standing Committees.
Special Committee on Constitution.
Election of Officers and Conveners.
Place of next Annual Meeting.
Other business.
Resolution of Thanks.

Thursday, June 20th:

Meeting of Executive.

NOTE—The resolutions to be discussed have not been included owing to lack of space. The following is the only resolution of direct interest to the nursing profession: "Toronto *re* V.A.D.'s. Resolved: "That the National Council consider the training and standing of 'Voluntary Aid Nurses' in Canada, and the suggestion that a badge or pin be issued in recognition of same."

The Meeting of the National Council of Women has been planned to follow the Convention of the Canadian National Association of Trained Nurses, with the hope that many of the nurses will arrange to attend. If the delegates could arrange to attend these meetings any day that the subjects are of special interest to them, it would result in mutual benefit.

A RESIDENTIAL CLUB FOR CANADIAN SISTERS

It may be remembered that, in opening the Rest House for Canadian nursing sisters in Ennismore Gardens in January last, Lady Perley expressed a hope that in the near future it might be possible to provide a Residential Club, where those sisters who were well and strong, but who had no friends in London and were forced to spend a lonely "leave," might receive a welcome and find a home. Lord and Lady Minto's beautiful house in Lancaster Gate being unoccupied, Lady Perley and Miss Macdonald, R.R.C., Matron-in-Chief of the Canadian Army Nursing Service, approached Lord Minto with a proposal that they might utilize it for the purpose of the Club, and received a most cordial acquiescence. The rent and the cost of equipment are entirely defrayed by the Imperial Order of the Daughters of the Empire, who have asked Sister Danby Smith to act as lady superintendent. She was recently invalided out of the service, but is glad not to sever her connection with the nursing profession. The Club is not free, but the charges are not excessive, and will merely cover part of the expenses.

The opening ceremony was performed by H.R.H. Princess Patricia on Friday of last week. She said that it gave her great pleasure to be present that afternoon, for she was sure that, amidst such charming surroundings, the nurses would have a very good rest and the best of recreation to fit them for their arduous work. A vote of thanks to Her Royal Highness was proposed by Mrs. Henshaw, of Vancouver, and seconded by Miss Macdonald. Three cheers for Princess Patricia were started by Sir George Perley, and were given with hearty good-will by all present.

The Club, which will accommodate from thirty to forty sisters, is equipped with every possible modern convenience, and possesses nine round tables and vases of flowers, and there are comfortable lounges with bath-rooms and lift. The dining-room is very attractive with its little glowing wood fires and a spacious drawing-room. The bed-rooms are provided with white enamelled beds and chintz-covered chairs; some even possess the convenience of a telephone, and a nurse occupying a little room on the first floor may gaze from her bed at the portraits of the Right Hon. Earl of Durham or the Right Hon. Charles Earl Grey. Those rooms which overlook the Park are particularly popular, but each one has an individuality of its own, and the arrangements throughout the building show taste and careful forethought.

The situation is a convenient one. Those who are not above taking a penny 'bus can ride direct from their very door to theatreland, and the underground station is only distant a five minutes' walk.—*Nursing Mirror.*

Editorial

In another part of the magazine will be found the programme for the two Conventions, the first, the Canadian Association of Nurse Education, June 4th and 5th, and Friday night, June 7th, and the Canadian National Association of Nurses on June 6th, 7th and 8th. It is to be regretted that the programme of the C. A. N. E. should be broken, but it was impossible to have Miss Nutting with us except on Friday night. We feel very grateful to Miss Nutting, a Canadian, too, by the way, for coming to us after a year of almost constant strain and work. During the last Summer when the Editor had the pleasure of seeing her in New York, she was so busy with National Service in Washington that she was giving up practically the whole summer to her work, remaining in New York through all that time.

* * * *

Miss Dean's paper, too, is most opportune in regard to the Nursing Service of the Red Cross. A very important resolution on National Service Nurses will be sent in by the G. N. A. of B. C. to the National Association of Trained Nurses. Miss Dean's paper coming before this Association will probably make clear the way we can get a corps of graduate nurses ready for any national emergency.

* * * *

The complete report of the Arrangement Committee is also given in this issue. One important thing to be noted is that there are no Convention or Summer rates this year on the railroads, so they all must expect to pay the ordinary return fare. It has been decided by the Committee not to attempt to meet the trains, but the Convener, Miss Potts, writes that if anyone is in need of help as to the way to her destination or for any information, she can get into touch with her at the Hospital for Sick Children, and she will be pleased to help.

* * * *

It is hoped that as many as possible of those attending the Nurses' Conventions will remain for the Annual Meeting of the National Council of Women, which meets in Brantford the following week. We are fortunate that the date fits in so well with the time set for ours, and Brantford is near enough to Toronto to make it easy of access. Nurses are often criticized, and often too truly, for their apathy and indifference to any problem or work outside their own work and circles. In these days every woman should be ready, no matter what her profession or place in the world is, to know something at least of the National and local affairs. How can we be in any way ready for the franchise if we do not take time to understand our Country and her needs? This is indeed the woman's

century, and these terrible past four years have forced our women out into the limelight and to undertake things that they never would have done had they not been forced by the stern necessity of this awful war.

* * * *

One matter which should interest every nurse is the resolution which Miss Gunn has put at the end of the announcement of the C. N. A. meeting. This, relating to the recognition in the training school of the V. A. D. in Canada, is something to be dealt with carefully. As this is not a local difficulty, it might be interesting to mention that the Royal Victorian Trained Nurses' Association of Australia has refused to consider service in a military hospital as supplementary to Training Schools under any circumstances.

* * * *

After nearly six years of preparation and attempts to get it, the Nurses' Registration Act has been passed in British Columbia, and she now joins the rest of the Western Provinces in such recognition. Once before we had it up before the House and through to the third reading when amendments which were considered to undo all we were asking for were introduced, and it had to be withdrawn at the last possible moment by the Association. One interesting feature about the support that it got was the very general feeling among the members that, by having established affiliation and the very evident attempts of the Association to help the smaller hospitals, formed a very good reason for their hearty support. The voting was practically unanimous, and, being introduced as a Public Measure, was recognized by all as not only a protection to the graduate nurse but to the public as well. The principal features will be found in the Provincial news.

* * * *

The attention of all nurses is called to the announcement by Miss Gunn of the chance for the nurses to help with National Registration. Last year we sent in a petition to the Government that we were ready to be conscripted, and now we can help to gather the needed information about the "man power" ready for use in our Dominion. It is hoped that all will feel it their own work and follow the suggestions given us by our President.

A committee has been appointed by the Alumnae Association of the Philadelphia General Hospital Training School for Nurses on the establishment of a Loan Fund for a Scholarship in Teacher's College, Columbia University, Department of Public Health. Suggestions and inquiries from graduates of this school will be greatly appreciated by the committee, and should be mailed to "Chief Nurse, Philadalphia General Hospital."

Victorian Order of Nurses

The nurses of the Victorian Order, at their conference, held on the 12th of March, amongst other matters, considered the question of the great shortage of nurses. This is only partly due to the war. The care of the wounded and returned soldier calls for the services of many, but the awakened public consciousness towards the conservation of human life is calling for a supply of nurses that is not forthcoming from the training schools of the country.

The American Red Cross is making a strong appeal for five thousand (5,000) more nurses by June 1st and a total of thirty thousand (30,000) by January 1st, 1919. Nothing must be done to interfere with the supply for their needs. There is no international boundary line with the nursing or medical profession. Some way must be found to arouse the young women of Canada to a sense of their responsibility. The United States have organized a baby year, the slogan of which is "Save a hundred thousand babies." It is interesting to note that this campaign is organized under the Department of Child Welfare of the Women's Committee, Council of National Defense. This makes the saving of child life of equal importance with the provision for men to fill the trenches.

As a result of the discussion of this matter at the conference, the Victorian Order of Nurses strongly urged the Board of Governors to increase the efficiency of their four training centres, at which post graduate courses are given in all forms of Public Health Service; also to open these centres to the pupils of all the standard training schools of Canada in their last years of training. This will still preserve the high standard of the Order, which does not allow of a nurse taking a position in their service until she has graduated from a hospital training school, but it will save them the extra four months required for the post graduate course, and, if the training schools avail themselves of this offer, it will help to speed up the supply of nurses. It will also make the Victorian Order of further service to Canada in this hour of her great need. As the mother of Public Health Nursing Serivce in the Dominion, she must be prepared to give instruction to all seeking to take up this form of National Service.

All over Canada comes the cry for nurses specially trained for this work. It is expected that the National Nursing Association of Canada, when it meets in Annual Session, will formulate some plan by which the whole process of training nurses will be speeded up, and the way will be found to best lay before the women of the Dominion the necessity for many more of them taking a course in the training schools of Canada.

* * * *

The Victorian Order of Nurses for Canada offers a post-graduate course in district nursing and social service work. The course takes four

months, and may be taken at one of the training homes of the Order: Toronto, Ottawa, Montreal, Vancouver. For full information apply to the Chief Superintendent, 578 Somerset Street, Ottawa, or to one of the District Superintendents, at 281 Sherbourne Street, Toronto, Ont.; 46 Bishop Street, Montreal, Que.; or 1300 Venables Street, Vancouver, British Columbia.

SACRED PLACES

The graves of the dead are sacred places to all civilized people, and in France espeically the greatest care is taken of the graveyards.

In striking contrast to the reverence of the French is the revolting news that the enemy has desecrated graveyards, and broken open the coffins of the dead for the sake of their metal fittings, and, sometimes, apparently, from sheer brutality. Thus Mr. Philip Gibbs, the correspondent of the *Daily Telegraph*, writing from the British Headquarters in France, describes the cemetery of a little church in the grounds of a chateau, full of vaults and tombs where lay the dust of French citizens, men, women and children who died before the horror of this year. "The vaults had been opened with pickaxes. The tombstones were split across, and graves exposed. Into these little houses of the dead—a young girl had lain in one of them—rubbish had been flung. From one vault the coffin had been taken away. . . . . I write the things I have seen not to rouse passion or to inflame hatred. There is no need of that, and I prefer to think that it is the dirty work of a few men rather than the expression of a racial instinct of brutality. But one's gorge rises at it, and at the foul spirit of war which is spread here like slime over a fair country-side. . . . . "—*British Journal of Nursing.*

CHILDHOOD

Now, the beauty of the thing, when children play, is
The terrible, wonderful length the day is;
Up you jump and out in the sun,
And you think the day will never be done;
And you're chasin' the bumblebees, hummin' so cross,
In the hot, sweet air among the goss,
Or gatherin' bluebells, or lookin' for eggs,
Or pettin' the ducks with their yellow legs;
Or a-climbin' and nearly breakin' your skull,
Or a-shoutin' for divilment after the gulls;
Or a-thinkin' of nothin' but down at the tide,
Singin' out for the happy you feel inside;
And, when you look back, it's all like a puff—
Happy and over, and short enough.

—*Gems.*

The Canadian Nurses' Association and Register for Graduate Nurses, Montreal

President—Miss Phillips, 750 St. Urbain Street.
First Vice-President—Miss Fairley, Alexandra Hospital, Montreal.
Second Vice-President—Miss Dunlop, 209 Stanley Street.
Secretary-Treasurer—Miss S. Wilson, 638-a Dorchester St., West.
Registrar—Mrs. Burch, 175 Mansfield Street.
Reading Room—The Club Room, 638a Dorchester Street West.

At the March meeting of the Canadian Nurses' Association, which took the form of a special business meeting to discuss the raising of fees, it was decided by a large majority that, after May 1st, the fees for special nurses would be $25.00 weekly, or $3.75 a day; infectious cases, $4.00 daily, and mental and alcoholic cases, $5.00.

At the same time it was decided to raise the annual fee of the registering nurses to $10.00, inclusive. This was found necessary to meet the increased expenses of rental, Association dues, etc.

Misses Gunn, Potts and Dickson, of Toronto, visited Montreal on the week-end of April 20th, to attend an executive meeting of the Canadian National Association of Trained Nurses held at the Royal Victoria Hospital.

At the annual meeting of the Municipal Chapter of the Daughters of the Empire, the abridged report of the third annual meeting of the Edith Cavell Chapter was submitted.

It was a most interesting and creditable report. The Chapter has been greatly honoured in securing as its Honorary Regent Miss Scott Cavell, sister of Miss Edith Cavell, who also is a trained nurse.

There are 107 members, and meetings are held weekly. The number of prisoners of war in Germany has been increased to nine, and the articles (dressings, socks, etc.) made and supplied by the Chapter to various Regiments in France and Egypt during the past year amounted to 2,739.

The Alumnae of the various hospitals have shown great interest and have given helpful support to the Chapter.

Love is the greatest of human affections, and friendship the noblest and most refined improvement of love.—ROBERT SOUTH.

News from The Medical World

By Elizabeth Robinson Scovil

Notification of Venereal Disease

Saskatchewan is the first Canadian Province to include cases of venereal disease in the list of contagious infections. The Commissioner of Health states that all cases of syphilis, gonorrhea and chancroid must be reported by the attending physician within three days to the Commissioner of Health. The name of the patient will not be given unless he fails to return for treatment within thirty days, when his name and address will be sent to the Commissioner, who is empowered to take steps to insure that the patient receives the necessary treatment. Reports are strictly confidential and not accessible to the public. Wasserman tests will be made and treatment given to patients at the pathological laboratory, which was opened in January at the Regina General Hospital, and at the chemical laboratory of the University of Saskatchewan, Saskatoon. An educational campaign in respect to venereal disease and its prevention is being conducted throughout the Province.

Anti-Pneumonia Serum

Among the requests for assistance in the early hours after the disaster at Halifax was one for a million units of "anti-pneumonia serum." This request was made to the civilian branch of the American Red Cross, and within a few hours all the available product in the United States was on the way to Halifax. This agent is a comparatively new agent for the treatment of pneumonia; the supply in the United States was, of course, insufficient to meet this large demand.

Use for Seltzer Water Syphon

A French physician states that ulcerating, narcotic sore throat can be effectually cleared by spraying with the jet from a seltzer water siphon. The nozzle is lengthened with a rubber tube, laid on the tongue, depressor held in the left hand. In a scarlatinal throat the final recovery of the patient, a soldier, was attributed to this means. He begged for it to be repeated after the first trial.

The Mutton Bird

The British *Medical Journal* says that an oil extracted from the sooty petrel is an excellent substitute for cod liver oil, and even more effective in the treatment of bronchial conditions and phthisis. It is known in Australia as the mutton bird. The young are lined with fat from which the oil is extracted. The flesh is salted, smoked, and has been tinned for export to the front, where it was much appreciated by the men.

Control of Clothes Lice

The Journal of Laboratory and Clinical Medicine says that medication of the underwear does not appear promising, but a cheesecloth suit impregnated with saturated solution of sulphur in creosote could be successfully worn outside the underwear. This might be a valuable gift to a man in the trenches.

Measles

An army surgeon in the United States says that measles has been defined as an acute disease of the upper air passages and skin. It should be classified as a disease of the upper respiratory passages. It is a disease of close association, more common in the winter months, the period of poorer ventilation, the time of year when there were larger gatherings in over-heated, badly ventilated meeting places. In its treatment in hospital, medical officers, nurses and orderlies wore caps, gowns and masks, screens were placed between the patient's beds. The cases were placed in warm, well ventilated wards. Pneumonia occurred less frequently when the wards were warm.

Neurasthenia

In an interesting article on this subject the writer concludes that it really is an interest in life that the neurasthenic needs. He does not advocate drug treatment. Although it is not always possible to change the physical environment by travel, change of locality, etc., yet very much can be done by altering the mental outlook, helping to turn what is repulsive into what is attractive. It is the person rather than the disease that demands treatment. A return to work, or occupation, is likely to be of far greater benefit than rest cures, in a large proportion of cases. Self-forgetfulness is to be encouraged.

Cotton Process Ether

Dr. James Cotton, at one time anesthetist at the Toronto General Hospital, has found, by experiments extending over five years, that perfectly pure ether is not an anesthetic. For the manufacture of this he had to devise an entirely new process. When it was obtained it did not produce anesthesia when inhaled, but a transitory stimulation, similar to that from alcohol. Commercial ether contains two sets of impurities, one set causes anesthesia, the other the undesirable after effects, nausea, etc., which have limited the use of ether. Dr. Cotton added to pure ether the gas present in ordinary ether which causes analgesia, or insensibility to pain, called ettylene; leaving out the impurities which give rise to ill effects. In a demonstration at the Royal Victoria Hospital a cat, given pure ether and ettylene, became fully anesthetized in about three minutes; it was suspended by one ear and by its tail, showd no evidence of pain or discomfort, but still was able to see and walk about. It can be pushed to cause the condition of surgical anesthesia, when there is a relative freedom from after effects. It has a wide field of usefulness in surgery at

the front. Striking results have been obtained in obstetrics, the small quantities needed to cause analgesia seem to have no influence in retarding labour, or in producing any other undesirable results. Dr. Cotton is one of the surgeons at McGill.

Absorption of Drugs Through Vagina

The *Journal of Pharmacology* states that a large number of drugs and poisons, alkaloids, inorganic salts, antiseptics, etc., are easily absorbed through the vaginal wall and that grave poisoning by that means is not rare. Drugs may be administered for their medicinal effect in that way. There is, therefore, great danger in the indiscriminate use of various poisonous substances in the form of douches, tampons, uterine wafers, etc.

New Foods

In this era of high prices for food products attention is being drawn to many not hitherto considered suitable for food. Whiting is said to be a palatable fish not adequately utilized. Six species of sharks, including the sand shark, have been tested as to their food value and pronounced specially good in flavor and texture. Gray fish, having changed their unattractive name of dog fish, are said to be excellent eating. Whale meat was recently served at a dinner in New York and found delicious. The meat of young seals, killed in the North for their fur, is described as tender, fat and juicy.

The Department of Agriculture in Trinidad, West Indies, recommends the use in bread-making of various meals made from bananas, plantains, sweet potatoes, yams, bread fruit and other fruits and tubers. All of these except the bread fruit can be mixed with wheat flour. They can best be raised with baking powder, there being some difficulties with yeast. The sweet potato flour makes a light, brown bread of a pleasant, sweet flavor, and very light.

A Rolling Crutch

An American surgeon has devised a crutch which, instead of ending in a rubber-covered tip, has a rocker at the tip, like a portion of the tire of a wheel. It is said they are much more stable than the ordinary crutch, and the crutch step is made longer, more even and more secure. The motion is a long, gliding one, reducing the jar, and they are safer to use in going up and down stairs.

Under Nourishment in Infants

A physician has noticed that infants getting proper and sufficient nourishment have a slight protuberance low down on each side of the abdomen. It is probably due to a filled loop of intestine pressing against it. Distension of the bowl with gas causes more uniform and diffuse bulging.

Public Health Nursing Department

Conducted by the Committee on Public Health Nursing of the C. N. A. Under the Convener on Public Health Nursing

Alberta

In Calgary, in 1913, was started the Milk Depot, and since then it has done much work. There is also a Child Welfare nurse who, in addition to visiting the mothers, assists in a baby Clinic which meets twice a week, with a doctor in attendance, and has also charge of the "Little Mothers' League." There is a nurse, too, who specializes in infectious cases, looking after vaccination, innoculations, swabs, and all investigation work dealing with any of the contagious or infectious cases. Six nurses are employed by the School Board. The Victorian Order have two nurses on their staff. In Edmonton there are two school nurses and three Victorian Order nurses. During the past summer the salary of one of these V. O. N. nurses has been paid by the city for her services in visiting the homes where there are young babies. There are three V. O. N. nurses in the High River Hospital and one in the Athabaska Hospital.

Ontario.

Mrs. Jean Willet, of Cochrane, Ont., gives the following report of the origin of her work in that district:

"Mrs. Parsons, who is the President of the Cochrane Branch of the Ontario Women's Institute, pointed out to Mr. Putnam, head of the Ontario Institute's Branch, about two years ago, that doctors were very scarce in the country adjoining the T. & N. O. Railway, between Matheson and Cochrane, along the C. G. R. In these parts are a number of settlers, all in very needy circumstances and unable to incur the expense of doctors and hospitals, of which institutions there are only two, one here and one at Liskeard. Mrs. Parsons suggested that a nurse be appointed to devote some of her time to visiting among these settlers' wives, especially such of them as were members of the Women's Institute, finding out their needs, giving them advice on hygiene generally and maternity in particular, looking after confinements and seeing to medical attention being given when required, or transportation to hospital, and hospital treatment being provided when such was necessary or advisable. I undertook this work and have found that a great deal of good can be done along the lines indicated above. I keep in touch with the Branch Institutes scattered throughout the district and am advised by them of the names of any women needing help. I also hear of other cases from women whom I happen to be attending. I am authorized to obtain free transportation to, and free treatment in, the Cochrane Hospital for cases

which I recommend. I give advice as to care of children and cleanliness generally. The settlers are a healthy class despite the mean surroundings they live in, and maternity cases occupy most of my time."

Nova Scotia.

Miss Gleaves, Superintendent of the Dartmouth Branch of Victorian Order of Nurses, has consented to act on the Committee on Public Health Nursing for Nova Scotia, in place of Miss Letts, who has left the Province. Miss Gleaves has been for some years a member of the Provincial Association, and her successful work in Dartmouth is well known to the community.

Miss E. M. Pemberton is convener of the Nova Scotia Committee, and represents that Province on the National Committee.

Miss W. Reade and Miss M. Mullins have returned to their regular vocation as school nurses, another proof that the City of Halifax is gradually being restored to normal conditions.

Much interest has been shown in the purchase of the new Home for the nurses of the Victorian Order. It is situated in the north end of the city and has better accommodation for the staff, which has of necessity this season been so largely increased.

New Brunswick.

At a recent meeting of the Board of School Trustees, the sum of two thousand five hundred dollars ($2,500) was voted towards "Medical Inspection" for schools in St. John.

In his report on the Health Survey of the Province of New Brunswick, Mr. John Hall urges more publicity in Public Health matters, emphasized the need of more Hospital accommodation in the City of St. John, and greater care in assuring a pure milk and water supply.

Other recommendations are:

1. That the Vital Statistics Law be enforced.
2. That the registration of births, marriages and deaths for the city and county be placed under the direction of the chief district health officer.
3. That a municipal system for collection and disposal of garbage and other refuse be inaugurated and placed in charge of the "Public Works" Department.
4. That milk be allowed sold only in bottles or unopened cans. That milk be graded according to dairy scores and bacteria counts. That no raw milk be allowed sold except from tuberculin tested cows. That pasteurization of milk be encouraged .

Saskatchewan

Post-Graduate Course in School Nursing.

1. At least two years' High School work.
2. Registration in Saskatchewan under the Saskatchewan Registration Nurses' Act, or, in case of nurses coming from other provinces, a similar standing in their own Province.

The course should include:

(1) Seeing the routine work of inspection for possible defects in each of the schools in the city;

(2) Instruction in the psychology of visits to homes;

(3) Instruction in the procedure relative to causes of contagious diseases;

(4) Instruction in the keeping of records and making out of reports;

(5) Instruction in proper hygienic conditions of schools with particular reference to

(a) The adjusting of desks and seats;

(b) The ventilating system in each of the schools;

(c) Toilet arrangements in schools not served by water and sewer.

(6) A reading course, consisting of the following books, one to be read each week. Each nurse should be required to certify in writing at the end of her course that she has read the complete list:

(a) Health and Medical Inspection of School Children by Cornell;

(b) School Hygiene—Dresslar;

(c) The New Public Health—Hill;

(d) The Hygiene of the School Child—Terman.

(e) A Method of Measuring the Development of the Intelligence of Young Children—Binet;

Strathcona Trust Exercises;

(f) The Conservation of the Child—Holmes.

(7) Opportunity to observe the application of the Binet test in Miss Kerr's special class for retarded pupils;

(8) Opportunity to visit one or more of the Ear, Nose and Throat clinics, conducted at the General Hospital;

(9) Opportunity to visit the Milk Station and observe the work of Infant Welfare;

(10) Course of fifteen lectures will be given on the following subjects: Infection; Infant Mortality; Oral Hygiene; Organized Charity; Eye, Ear, Nose and Throat; School Management; School Hygiene.

The course commences the first week in May and consists of a six weeks' course free, and again in September.

The Chassis Dressing

A French authority has had two years' experience with this method of dressing wounds and is convinced of its superiority. Four rolls of cotton are wrapped in gauze and laid around the wound without touching it. On this square, elastic frame is placed a sheet of glass, flat or convex, and the whole held in place with strips of gauze, or adhesive plaster. The state of the wound can be observed and the dressings changed without touching it.

The Diet Kitchen

By Elizabeth Robinson Scovil

Fat.

Fat is found in the body both alone and in separate masses and mixed with the muscles and other tissues. It is also a food, being assimilated and used for fuel. Such parts of the food as are not oxidized at once go to build up the fat, which serves as a reserve supply of fuel. Most fats contain stearin and palmitin, solid fatty substances, and olein, a liquid The less stearin fat contains the softer it is. An oil is a fat that is liquid at an ordinary temperature. The fat of some plants is in the form of oil; olive and cottonseed for example. Seeds, particularly nuts and grains, are rich in oil, some have 50 per cent. or more, stored up, as starch is, to feed the seedling. Fat being a heat producer, we can understand why fatty foods are more palatable in winter than in summer and why the Eskimos and other Northern tribes eat it to excess. But the natives of India pour ghee, melted butter, over their rice, so fat cannot be dispensed with entirely in the hottest climate.

Thin, delicate persons and invalids, convalescing from exhausting illness, especially need fat, and often particularly dislike it. It is the business of the skilful nurse to present it under such a form that it will be eaten with relish. It cannot be sufficiently emphasized that *feeding* is the first and most important duty of the nurse, or nourisher, as her name means. Without proper food all other means of cure are comparatively useless, for, while the disease or surgical condition may be conquered, the patient dies of inanition, or recovers with seriously weakened constitution. When one hears of a trained nurse giving tomatoes to a patient alarmingly ill with an intestinal disorder that caused not less than thirty-five movements of the bowels in twenty-four hours, one feels that dietetics should have received more attention during her training.

It is necessary that a nurse should be grounded in anatomy and physiology, but she should also be taught that putting food into the stomach that cannot be digested and absorbed is not only harmful, but as absolutely useless to the upbuilding of the body as if it were hung in a bag round the neck. It must be assimilated; it must be digested; to be digested it must be eaten; to be eaten it must be temptingly prepared and attractively served. The nurse is the first link in the chain.

Fat, the fuel food, is the most difficult of the three great food classes to present so that the patient will eat enough without disgust. It is often an extremely necessary ingredient in the diet, as in the case of tubercular patients, and then the nurse must bend all her energies to solving the problem of getting it eaten in sufficient quantity.

Cream, butter, oil and the fat of meat are the chief substances that she has to work with. Care and thought will enable her to incorporate all of these with the daily diet so that they will be acceptable. The cardinal point to bear in mind is not to give too much at once.

Fat exists in milk in tiny globules, and, being lighter than the rest of the milk, rises to the top and is known to us as cream. If the cream is churned these little spheres are broken and stick together, when we call it butter. Good butter has about 87 per cent. of fat. Here are two articles of food in common use which will meet our requirements. A third may be added, cheese, which, when made from unskimmed milk, is about half fat. Cream cheese is made from milk to which cream has been added. Unfortunately, cheese is difficult of digestion, and can only be used very sparingly.

Cream can be added to any of the milk puddings, blanc mange, or gelatine stiffened "creams," with which the nurse is familiar, either cooked in them or poured over them, as is preferred. Ice cream is an invaluable means of introducing fat into the system. It can be made of pure cream, with the addition of sugar and flavoring, and is almost always eagerly taken. Whipped cream, which can be served with all dishes made with milk, as well as with some of the smaller fruits, is an admirable camouflage for fat. Sweetened and flavored, it is acceptable even to those who dislike milk and cream alone. It is especially nice with jellies, and with lemon pudding, because these do not contain milk and need the supplementary fat.

There are two points to observe in whipping cream. It whips more quickly if it is twenty-four hours old, and it *must* be ice cold. If these conditions are observed, even comparatively thin cream can be whipped easily with a Dover egg beater. Use a large bowl to avoid splashing; add sugar after it is whipped and flavoring if desired.

Milk soups will bear the addition of cream, or a little butter can be added to them to increase their fat content.

Those who are fond of butter will take it readily spread on bread, biscuit, or toast; for others it must be skilfully concealed in made-dishes and used in cooking, except in frying, for which it is not suited.

Oil, except for the very few who like French dressing, must be emulsified before it will be taken. It can be made into mayonnaise with egg, or used in boiled salid dressing with egg and milk.

Artificial Goats' Milk

Add two tablespoonsful of finely-minced beef suet to one pint of milk. Bring it to the boiling point and allow it to simmer for ten minutes, stirring constantly. Add salt, or celery salt, and serve very hot.

Bacon is the most acceptable form of meat fat. It should be crisply fried in a very hot pan; the pan being tilted to allow the fat to drain away from the slices being fried. It can be placed on a rack over a pan in a very hot oven and toasted.

The yolks of eggs contain a certain proportion of fat.

In Memoriam

LIEUT.-COL. JOHN MCCRAE

Dead! He who sang "where poppies grow
Amid the cross, row on row?"
Dead! He, who, 'mid the roaring guns,
The bitter strife and hate of Huns,
Could hear the lark, so far above,
Warbling its evening song of love?
Dead! He who knew they could not rest,
Tho' they lie still, out in the West.
No! He hath left us ê a song
Which shall not die—'tis "Carry On!"

Wells, Somerset, Eng. —*Francis Mary A. Millard.*

Nursing at La Panne

One of the most interesting of war hospitals is the Hôpital de l'Ocean at La Panne, planted on the little strip of Belgian soil undesecrated by the foot of the invader, and only six miles from the German lines. Not only a hospital, but a university, with a cosmopolitan staff—the nursing staff including English, Scotch, and Irish, French, Belgian, and Canadian nurses—the work under the control of Dr. Depage, with Miss Violetta Thurstan as Matron, is of a very fine order.

As an instance of the scientific character of the work, it may be mentioned that, in the case of wounds, a "microbe chart" is kept, in addition to those with which every nurse is familiar. If the chart does not show a regular diminution, the reason why is thoroughly investigated. The result is that the majority of wounds speedily become microbe free; they are then satured and treated as aseptic wounds.

The nurses have their own club, maintained by a small subscription from each member. Formerly an ordinary wayside inn, it stands close to the Plage, over which sweep the health-giving winds from the North Sea. It is a centre of social life, and its activities include gymnasium classes, an Arts Club, and concerts. There is also a very useful Mortuary Society, to which forty people—doctors, nurses and orderlies—belong. Each pays 50 centimes a month, and the little chapel has been adequately equipped and is reverently cared for by the members.

It is difficult to realize that all this well-organized professional and social life goes on within range of the German guns. The protection of the hospital is that the enemy has also a hospital some six miles from the frontier, and they have received notice that any attack on the Hôpital de l'Ocean would at once mean reprisals. So, though shells whistle overhead, the hospital has been safe, and, with its *avant poste* close to the frontier, carries on its invaluable work.

Hospitals and Nurses

NEW BRUNSWICK

The regular meeting of the N. B. A. of G. N. was held at the General Public Hospital, St. John, April 8th, the President, Miss Williams, in the chair. Seven new members were accepted, Misses Bessie Snell, Lillian Basmer, Grace Andrews, Freda Patterson, all of the General Public Hospital; Misses Ethel Harvey and Martha J. Anderson, of the Victoria Hospital, Fredericton, and Miss Nellie M. Bulyea, of the City Hospital, Quincy, Mass.

Miss Brown, Convener of the "Midwives Committee," read letters from Miss Gunn, Toronto, Miss Randal, Vancouver, Miss Johns, Winnipeg, and Miss Hersey, in reply to letters she had sent, asking for their attitude towards the matter of any proposed scheme to bring midwives into Canada. It was decided to hold the Annual meeting July 9th, 1918, in Newcastle. A letter was read from Miss Elizabeth Robinson Scovil, accepting, with thanks, a life membership in the N. B. A. of G. N.

Nursing Sister Ethel Moody, after service overseas for two years, is in St. John for a short time.

The Nurses' Red Cross Club gave $25.00 to the Maple Sugar Fund for soldiers.

* * * *

QUEBEC

The Woman's Hospital A. A., Montreal.—A cheque has been forwarded to the Edith Cavell Chapter, I. O. D. E., towards the Residential Club for Canadian Nurses Overseas, in London, England.

ROYAL VICTORIA HOSPITAL A. A.

The 23rd Graduation of the Royal Victoria Hospital Training School was held in the Assembly Room of the Nurses' Home on Tuesday afternoon, April 2nd, 1918. The opening address was given by Sir Vincent Meredith, Bart. Dr. A. E. Garrow presented the diplomas and pins to the thirty-five members of the graduating class, as follows:

Members of Graduating Class—Ethel L. Reid, Mary A. Chisholm, Winnifred Wallace, Hesse Lapham, Nora Anderson, Alice Dawley, Hester Barker, Mary J. MacDonald, Aileen Dickson-Otty, Carrie Lucas, Mary Palliser, Eleanor O'Brien, Anita Ross, Hannah Gwyn, Greta Revier, Anna Dickson, Alice Andrews, Nyhl Picken, Belle Brittain, Blanche Crandall, Mary Byers, Helen Jonah, Margaret Beamish, Frances Macpherson, Alice Bruce, Alice Neill, Irene Jackson, Berthe Darche, Barbara Widder, Honor Tett, Mary Morton, Mary Stewart, Blanche Martin, Mary Black, Marian Winslow.

After the recital of the Florence Nightingale Pledge, Dr. D. W. MacKenzie addressed the graduates, in the course of which a short and interesting resume of the development of the Training School was given. The 1st class, containing 23 members, was graduated in 1896. The course, then covering 2 years, was, in 1901-02, extended to 3 years. There are now 480 graduates, 105 of which are on Active Service.

On the evening of April 3rd the members of the Alumnae Association entertained in honor of the Graduating Class in the Nurses' Home. Dancing was much enjoyed, while bridge and five hundred were played at several tables. $70.00 was realized for the Canadian Prisoners' of War Fund.

Miss Irene Clarke (R.V.H., 1916), who has been attached to No. 3 Hospital, France, has arrived in Montreal, convalescing from a severe attack of pleural pneumonia.

Miss Majorie Warren (1917), has been called to Base Hospital, Toronto.

* * * *

ONTARIO

London—The officers of the Isabel Hampton Chapter of the I. O. D. E., composed of Nurses, is as follows: Hon. Regent, Mrs. Joseph; Regent, Mrs. Wilson; First Vice-Regent, Mrs. Stapleton; Second Vice-Regent, Mrs. Nolan; Secretary, Miss Riley; Assistant Secretary, Mrs. Thomas; Treasurer, Mrs. McNeill; Educational Secretary, Mrs. Fox; Standard Bearer, Mrs. Tighe. Meetings are held Wednesday afternoons at St. Peter's Parish Hall. During the year money has been raised for Patriotic purposes, and for emergency kits for the V. O. N. Nurses. In addition, $700 has been obtained for the operating at the Byron Sanatorium for Returned Soldiers. During the coming year they hope to make a substantial donation towards the Residential Club for Nurses in Active Service overseas, which the I. O. D. E. is planning in London, England.

At the regular meeting of the Victoria Hospital A. A., Dr. Beal gave a very interesting address on cancer, its cause and treatment. He also dealt with the crusade against tuberculosis, stating that it should be stamped out in one generation if all would co-operate in regard to isolation, precautions and disinfection.

Toronto—The regular meeting of the A. A. of the Toronto Western Hospital was held at the Nurses' Home on April 5th. The President, Mrs. Gilroy, in the chair. It was decided to send four boxes to "Lonelies" overseas. The next meeting will be held May 30th, when the Alumnae will entertain the graduating class. After the meeting afternoon tea was served to the nurses. Nursing Sister Mabel Joyce (T.W.H.), who went to France over two years ago for the French Flag Nursing Corps, is home on short leave.

Kingston—The April meeting of the G. N. A. was held April 3rd in the Residence. The address of the afternoon was given by Miss Leeder,

of the V. O. N., on the recent meeting in Ottawa, outlining the work of the Order, and spoke of the great need for more nurses, especially in the unsettled portions of the West. She also told them that the Kingston Chapter of the G. N. A. had affiliated with the C. N. A. Money was voted for 200 bedside covers for Queen's Military Hospital, and the members present contributed a sum of money to buy vases for the rooms in the Kingston General Hospital.

Miss Katharine Fairlie and Miss Pearl Martin are the Visiting Committee for the month. Nursing Sister Gussie Wright, who has been on duty at Queen's Military Hospital since her return from France, has been appointed Nursing Sister at the Royal Military College, Kingston.

The Annual Meeting of St. Michael's Hospital A. A., Toronto, was held at the Hospital April 15th. The annual reports were read, showing remarkably good progress during the past year. A new office on the Executive was added, that of Honorary Director, Sister M. Mercedes being elected to it. After the elections, war-time refreshments were served and a delightful hour spent.

Riverdale Hospital A. A.

Nursing Sisters Mary Johnston and Suzanne B. Stretton, of Riverdale Hospital, Toronto, have arrived safely overseas.

Miss Mathieson, Superintendent of Riverdale Hospital, gave a farewell dance for them at the Nurses' Club house on March 1st.

* * * *

MANITOBA

St. Boniface Hospital

Miss Margaret McKecknie (class 1913), who has been Assistant Superintendent of Lashburn Hospital, Saskatchewan, for the past two years, joined the C. A. M. C., and is detailed for duty on the Military Wards of St. Boniface Hospital.

Miss Annie C. Starr (class 1904), who had charge of the Graduate Nurses' Residence and Registry, 753 Wolsley Avenue, Winnipeg, for the past three years, has received a commission in the C. A. M. C., and is detailed for duty on the Military Wards of St. Boniface Hospital. Before leaving the Residence, Miss Starr was presented with a very handsome club bag by the nurses.

The members of the St. Boniface Nurses' Alumnae will regret to hear of the death of Rev. Sr. Lupien at Notre Dame Hospital, Montreal, after a short illness. Sr. Lupien was Superior of St. Boniface Hospital for eight years and was one of the first Registered Nurses of Manitoba.

Nursing Sister Bertha Didion (class 1912), who has been home on furlough for four months, after more than three years' active service, has returned to duty overseas. Miss Didion was among the first to volnteer from Manitoba, and has seen service in France, Egypt and Saloniki.

During the latter part of March the following St. Boniface nurses

left for overseas service: N. S. Margaret Meehan (class 1909), N. S. Agnes McKaque (class 1914), and N. S. Bell Brown (class 1914).

Miss Catherine Maddin (class 1911), who has been doing Child Welfare work in Winnipeg for the past two years, resigned her position and joined the C. A. M. C., and is now on duty at the Military Convalescent Hospital, Tuxedo.

Winnipeg General Hospital

The Annual meeting of the W. G. H. A. A. was held on May 1st, when reports of the year's work were read and officers elected. In addition to the regular monthly sum donated to the Red Cross, 160 pairs of socks have been turned in, knitted by the members. A letter from the native nurse supported at Nasih, India, was read. In addition to the usual prizes and scholarships given to the graduating class of the W. G. H., a scholarship of $200.00 is given this year by the Alumnae and the same sum by the Board of Directors.

Graduates of the W. G. H. now overeas number nearly 120. Decorations have been numerous. Recently Matron Jean Urquhart had the Royal Red Cross of the First Class presented to her, and Sister Alfreda Attrill has had the ribbons of the Royal Red Cross and of the Star of Mons added to her decorations.

Miss Margaret Ross ('99) is nurse in charge of the Military Ward at the W. G. H.

Miss Annie H. Forrest is in charge of the Military Tubercular Hospital, Lenham, England.

Nursing Sister Ruby Dickie (16) is at Amara, Mesopotamia, with the Q. A. I. M. N. S. The journey took nine weeks from England.

Rev. Mr. and Mrs. Williams (nee Howland) arrived safely in Honan, China, after a furlough spent in Canada

Miss Coldtart ('08), of the Presbyterian Mission, Dhar, India, is expected home on furlough this year.

Miss Starr, having resigned as Registrar to take military duty at St. Boniface Hospital, is succeeded by Miss I. J. Asher ('03).

Winnipeg General Hospital Alumnae Association

Honorary President, Mrs. A. W. Moody; President, Mrs. Bruce Hill; First Vice-President, Miss Gray; Second Vice-President, Mrs. J. W. Briggs; Third Vice-President, Mrs. J. Stewart; Recording Secretary, Mrs. Wark; Corresponding Secretary, Miss Champion; Treasurer, Miss Montgomery; Convener of Programme and Social Committee, Mrs. F. W. Montgomery; Convener of Registry Committee, Miss K. A. Cotter; Convener of Sick Visiting, Miss Fahrni; Convener of Membership Committee, Miss Deacon; Editor of *Alumnae Journal*, Mrs. Morrison; Business Manager of *Alumnae Journal*, Miss McEachern.

SASKATCHEWAN

The regular monthly meeting of the Regina branch of the S.G.N.A. was held at the Nurses' Home, General Hospital, Miss Cooper presiding, on April 11th. A very interesting paper was given on Bacteriology by Mr. Roberts, Pathologist, at the Regina General Hospital. A paper on the School Nurses' Post-graduate course was given by Miss Cooper. One new name was added to the list of members.

The first Convention of the Saskatchewan Registered Nurses' Association was held at Convocation Hall, University of Saskatchewan, April 4th and 5th, 1918. After a formal welcome to the city by the Mayor, Dr. A. McG. Young, the President, Miss Jean E. Browne, gave a most excellent address in which she not only spoke of the improvement that Registration had made in the Province, but said that they must press on to still better things. She referred to the great help she had had from her associates, the officers of the Association. In the usual business the report of the Secretary-Treasurer showed a balance in the bank of $2513.82. By-laws drawn up by the Nurses' Council were then read, discussed and passed. These will be sent to the Senate of the University and if ratified by them will then become law.

Referring to reciprocity, the President read the following clause: "Any nurse having produced satisfactory evidence of being a duly registered nurse in good standing in a similar Association maintaining a standard equal to that required in Saskatchewan, and which admits nurses registered in this Province to their register on similar terms, may be admitted to the register in Saskatchewan. The report of Mrs. Van Valkenburg, who was the representative of the Association to the Convention of the C. N. A. in Montreal, was given. The report of Miss Grace Cooper, the Convener of the Canadian Nurse Committee, was then presented, showing that 55 subscribers had been obtained and that their assessment had been met. A letter will be sent to every registered nurse in this Province asking them to become a subscriber. Miss Feeney, Convener of the Committee on Public Health, gave her report, showing that the Committee had had a very active year.

The following resolutions were carried: "Resolved that the Association stimulate the interest of the educated young woman in nursing as a permanently important and satisfying profession by sending to every girl student in the University, college and high schools of the Province a list of hospitals maintaining the standard approved by the Registered Nurses' Association, the length of course and such other information as may be valuable to those considering nursing as a profession; also that they secure suitable and dignified publicity which can be supplied with more or less regularity and frequently to the local press."

"Whereas, graduate nurses residing in the Province for at least three consecutive months previous to leaving for overseas service have been unable to avail themselves of membership according to By-law No. 6, before March 1, 1918, be it resolved: First, that all such graduates as

above mentioned be accepted for membership provided that application be made within six months after return, said applicant being required to provide (a) evidence of having resided in the Province for three consecutive months previous to departure overseas; (b) to present satisfactory diploma; (c) payment of fee. Second, that a copy of by-laws with amendments be sent to each returned graduate nurse as soon as the Secretary of the S. R. N. A. has been notified of her retrun. Pupil nurses, as referred to in By-law No. 6, clause B, will be required to register three months after graduation.

At the evening session Dr. Valens spoke in the absence of Dr. Murray on the standing and influence of the nursing profession, and was listened to with much interest. Miss Jean Hay spoke on the problem of dealing with the convalescent child, which was much enjoyed. Miss Cooper introduced the subject of the post graduate course which was to be put on by the Public School Board shortly and which was to be a six weeks' course about the last of April. Two delegates were appointed to the C. N. A., Miss Nora Armstrong, of Regina, and Miss Jean Wilson, of Moosejaw.

An invitation was received from Moosejaw asking that the next meeting be held there. The question of standard fees was raised, and after much discussion it was decided to lay this matter over for further consideration by the Council. The following officers were elected: President, Miss Jean Browne; Vice-President, Mrs. Feeney, Miss Ironsides; Council, Sister Weekes, Miss Campbell, Saskatoon; Miss Jean Wilson, Moosejaw. Secretary to be elected from the Council. Miss Wilson was elected Secretary. The nurses were entertained by Miss Grainger Campbell, Superintendent of the Saskatoon General Hospital, and were then taken to St. Paul's Hospital, where they were shown it by Sister Weekes.

* * * *

ALBERTA

Miss Eleanor McPhedran, who was Registrar for the Alberta Graduate Nurses' Association until her departure for overseas last year, is on duty in No. 2 Canadian General Hospital, France.

The death of Miss Ida M. Kealy, Nursing Sister, C. A. M. C., occurred in England on March 12th, 1918, from pneumonia, after almost three years' service in France and England. Miss Kealy was a graduate of the Galt Hospital, Ontario, and had been doing private duty in Medicine Hat for several years prior to her going overseas in April, 1915. Her untimely death is greatly regretted by her many friends. She was most devoted to duty and took an active interest in all that pertains to nursing. One of the sisters, writing from England, said: "She was a splendid sister, always ready to make any sacrifice in order to do everything possible for the sick and wounded soldiers who came under her care."

Miss Dorothy Alsop, graduate of the M. H. G. H., has taken the position of charge nurse in the Maternity Hospital of Medicine Hat.

Miss Helen Brown, graduate of the Nicholl's Hospital, Peterborough, Ontario, has been appointed night supervisor of the Medicine Hat General Hospital.

Where some of the M. H. G. H. nurses with the C. A. N. C. overseas are: Miss Dunne, in France; Miss Anger and Miss Gordon, at No. 1 Canadian General Hospital, France; Miss Forster, Miss Charles, Miss McDougall and Miss Willett, in France; Miss Green, at the Ontario Military Hospital, Orpington, England; Miss Kirkham, at Basingstoke, England; Miss I. Nash, at No. 12 Canadian General Hospital, Brämshott, England; Miss Learned and Miss Hunter, at the Kitchener Military Hospital, Brighton, England.

Miss Ada Taylor, graduate of the Vancouver General Hospital, whose home is in Medicine Hat, is at No. 3 Canadian General Hospital, Boulogne, France.

* * * *

BRITISH COLUMBIA

Military orders recently issued announce the appointment of Nursing Sister Anna M. Tripp, C. A. M. C., as acting district matron, for duty in the office of the assistant director of medical services for District No. 11. Sister Tripp has been overseas since 1915, leaving British Columbia with No. 5 Base Hospital. She has been in France and Saloniki, afterwards in the Military Hospital at Ramsgate. In June, 1917, she was invalided home. She is now quite well again and ready for this important duty.

The following ten nursing sisters left Vancouver, B. C., on Friday, April 12th, with orders to report to the Assistant Director of Medical Service for M.D. No. 2, Toronto: Miss Bentley, graduate of the Vancouver General Hospital; Miss Benner, graduate of St. Paul's Hospital, Vancouver, and the Misses Morrison, Bond, Thornber, Starrett, Adam, Greening, Devereux and Niblock.

The Annual meeting of the New Westminster G. N. A. was held at the Hospital May 6th, the Vice-President, Miss Sinclair, in the chair. By the departure of Mrs. Bryce Brown, the President, the position was left vacant, and Miss Sinclair has been acting as President. The following officers were eletced: President, Miss Sinclair; First Vice-President, Miss Randal; Second Vice-President, Miss Potter; Secretary-Treasurer, Miss McAllister, Royal Columbian Hospital.

The graduating exercises of St. Joseph's Hospital, Victoria, were held April 18th in the Auditorium of St. Anne's Academy. Diplomas were presented to the following nurses: Misses Marjorie Fleming, Isla Adams, Grace Oliver Beryl Gamble, Ermenelda Green, Eunice McDonald, Flossie Kennedy, Margaret Kinney, Eva Roberts, Eugenie de Pfyffer, Lena Seon and Grace McQuat. Dr. R. L. Fraser made the presentations,

and, as each nurse returned to her seat, she was presented with flowers by two little girls. Miss Beryl Gamble read the Validictory address, after which addresses were given by Bishop Macdonald, Dr. Helmcken and Dr. Barrett. The roll of honor was unveiled by Dr. Helmcken. Miss Grimmer, President of the Victoria G. N. A., presented the $25.00 which is given each year by the Association to the nurse showing the greatest proficiency in her first year's work. This was presented to Miss Helen Wallace. A social hour was then spent in the recreation room of the hospital.

After six years of preparation and struggle to get the Registration Act passed, the G. N. A. of B. C. have been successful this year. The principal features of the act are as follows:

"Every person, male or female, who is a member of the G. N. A. of B. C. at the time of the passing of this act, and every person, male or female, who resides in and practices, or proposes to practice, the profession of nursing in the Province; and

(b) is a graduate of an approved training school; and

(c) is of good moral character; and

(d) is at least twenty-one years of age; and

(e) has passed an examination before the Board of Examiners as provided by this act, shall, on producing to the Registrar evidence satisfactory to the Council in proof of such qualifications, and on the payment of the sum of $10.00, and on complying with the other requirements contained in this act, be entitled to be registered as a member of this Association;

(2) Persons who are registered as trained nurses in any other Province or country which has substantially the same requirements for registration as this Province, and who are otherwise qualified, may, upon the approval of the Council, be registered without examination;

(3) The Council shall waive the examination of any person possessing the other qualifications mentioned in this section who has graduated from an approved training school before the passing of this act, or who may graduate from an approved training school within three years from the passing of this act.

After three years from the passing of this act, the following training schools only shall be approved by the Council as giving to their graduates sufficient training for registration under this act, namely, training schools connected with a general hospital of at least 15 beds (or a special hospital which is affiliated with approved general hospital), the Principal and Night Superintendent of which are registered nurses or eligible for registration, giving a three-year course of instruction and providing general training in the following departments of nursing: Medical, Surgical, Obstetrical, and Periatric Nursing; and which schools are registered with the Council under this Act as approved schools. Training schools which do not provide adequate opportunities in all the above departments

shall not be registered as approved training schools unless they first become affiliated with the institutions approved as giving such opportunities.

"Every member of the Association shall pay to the Registrar; or to any person deputed by the Registrar to receive it, such annual fee as may be determined by the rules of the Assoication, not less than $1.00 and not more than $10.00, towards the general expenses of the Association, which Annual fee shall be payable on Easter Monday in the year for which the same is imposed, and shall obtain an annual certificate under the seal of the Association. The annual certificate shall state the qualification of the member as a registered nurse, and shall remain in force for one year from its date. The annual fee payable under this section shall be recoverable as a debt due by the member to the Association.

(2) The name of any member not in arrears for annual fee may, upon the written request of the member, be removed from the register, and the name of the member so removed may, on written request of the member, be replaced on the register without the passing of any examination.

Anyone who complies with the other qualifications, and who pays a fee of $10.00, shall be admitted to registration and to practice professional nursing in this Province, and to append to his or her name the letters "R. N." or any suitable words or designation showing that he or she has been registered in accordance with this Act.

Births

SCOFIELD—On April 20th, 1918, to Mr. and Mrs. Scofield, a daughter. Mrs. Scofield was Miss Georgia Collins, G. P. H., St. John, N. B.

ROSS—On Sunday, April 14th, 1918, at Montreal Maternity Hospital, to Mr. and Mrs. Stuart M. Ross, of 4821 Western Avenue, a son. Mrs. Ross was Miss Ethel Guiton, R. V. H., 1906.

MURRAY—To Dr. and Mrs. Murray (nee Wallington, W. G. H.), 1913), a son.

BRIGGS—On March 5th, 1918, to Mr. and Mrs. J. W. Briggs (nee Clerihue, W. G. H., 1906), a son (John Gordon).

HEYER—On February 14th, 1918, to Mr. and Mrs. Bradford Heyer (nee Cobbe, W. G. H., 1906), a daughter (Mary Arabella).

WINCHELL—In January, 1918, to Mr. and Mrs. Winchell (nee Hill, W. G. H., 1906), a son.

WRIGHT—On March 22nd, 1918, at Arcola, Sask., to Mr. and Mrs. Wright (nee Sudhope, W. G. H., 1911), a son.

HARRY—At Ipswich, England, on April 18th, to Lieut. and Mrs. Harry (nee Jean Cowie, W. G. H., 1912), a son.

Marriages

GARDINER-DUNCAN—In December, Miss Annie E. Duncan (class 1914), to Mr. James Gardiner, Virden, Man.

McLaurin-Aikens—On March 8th, 1918, Miss M. Aikens (W. G. H., class, 1916), to Mr. A. M. McLaurin, of Forrest, Sask.

Morris-Burpee—Miss Anna Maud Burpee, '06, to Mr. Isaac Thomas Morris, on Tuesday, February 21, 1918, at Mt. Pleasant Methodist Church, Vancouver, B.C.

Gordon-White—On Saturday, April 12th, 1918, at Vancouver, B.C., Minnie Ramsay Gordon, daughter of the late Henry Gordon, Montrose, P. E. I., to James Henry White, D.D., of Sardis, B.C. Mrs. White is a graduate of the Hamilton City Hospital, Hamilton, Ont.

Scott-Mitchell—Recently, in England, Nursing Sister Jean Mitchell, of the Dalhousie Unit and a graduate of St. Joseph's Hospital, Glace Bay, C .B., to Major W. J. M. Scott, D.S.O., Australian Battalion.

Burdick-Barnes—At All Saints' Cathedral, Halifax, N. S., on April 15th, 1918, Nursing Sister Ellen Barnes, of Dartmouth, who has been nursing overseas, to Lieut. Charles Burdick, of U. S. S. "Old Colony." The bridal party passed under an arch of crossed swords formed by the Guard of Honor of the officers of the ship.

Joyce-Penny—At the residence of Mr. Arthur Wood, Montreal, on April 20th, 1918, Miss Muriel Penny (R. V. H., '14), to Dr. Cecil Roy Joyce. They will reside at 1930 Park Avenue, Montreal.

Montgomery-Drummond—At the Church of St. Andrew and St. Paul, Montreal, April 24th, 1918, Miss Margaret Drummond (R. V. H., 1916), to the Rev. J. A. Montgomery. They will reside at 92 St. Mark Street, Montreal.

Deaths

DeLall—At Fourneville, Sask., on April 3rd, 1918, Margaret Helen, wife of Mr. Charles DeLall. Mrs. DeLall was Miss Davidge, graduate of Grace Hospital, Toronto, (class, 1913).

Pengelly—On February 23rd, 1918, at Kingston, Jamaica, B. W. I., Walter Graham, infant son of Capt. and Mrs. Pengelly (Miss Winnifred Graham, R. V. H., 1913).

Langdon—In Winnipeg, in March, after a short illness, Louise Langdon, graduate of Fergus Hospital, Fergus, Ont.

Salad Dressing

Two eggs, half a tablespoonful of sugar and the same of oil, salt and mustard to taste; half a cup of milk, half a cup of weak vinegar. Stir oil, salt, mustard and sugar in a bowl until perfectly smooth; add the eggs, beat well, then the vinegar; last the milk. Place the bowl in a saucepan of boiling water and stir the dressing until it thickens like soft mustard. Butter can be used instead of oil.

THE MEDICAL CARE OF CHILDREN

It has long been observed that "one of the most important factors which militates against the success of any educational system is the physical inability of the children to take full advantage of the facilities for education which are placed before them.

"The causes of this social and economic loss," says Dr. Franklin W. Bock in *American Medicine* for July, "are largely medical, using the term in its broadest sense, and, if the problems of community efficiency are ever to be solved, the medical profession must put its mind to the test of devising some plan of medical effort which will prevent and counteract the ill effects of these physical handicaps in our children."

While private philanthropy has, in some measure, endeavored to provide this means, such work has been confined to so-called charity cases. Dr. Bock believes that this is an "illogical and unrighteous principle which makes our children objects of charity. They are our best asset, and, whether they are of well-to-do or of poor parent, the community owes them the opportunity of living healthful lives if possible."

Toronto, Canada, he points out as a community showing the way to the full realization of the logical ideal of medical work for children. She has fifteen dentists in her public schools, paid by the city, under the control of the city, and they give dental care to every child in Toronto who needs it. Last year they gave full dental treatment to 6,000 children, and in four years they have reduced the dental necessity in the public schools from ninety-five per cent. to sixty-five per cent.

Toronto has given us the first example of the full realization of the ideal in medical work for children.—*American Journal of Public Health.*

At the present time, when many are seeking substitutes for alcohol, nurses should emphasize the well-known fact that blindness and death may follow the inhaling of the fumes of wood alcohol, or methylated spirits, as well as from drinking it. All receptables containing it should be labeled poison.

DISTINCTIVE SPRING SUITS

You are cordially invited to view the beautiful new line of Printzess suits in our garment department. They are reproductions of the very latest Paris models, and each suit has the distinctive individuality that every woman appreciates.

In beauty of line, quality of material and wearing value these Printzess suits are really remarkable. Come in as soon as possible, while the assortment is quite complete, and try on the model that appeals to you, even if you are not ready to purchase just yet. We want you to see for yourself how stylish these suits look—how well they fit, how distinctive they are.

We can also show you some smart Printzess coats that will please you.

$39.75 up

MORE & WILSON, LIMITED

556 GRANVILLE STREET VANCOUVER, B.C.

BE A BOOSTER

If you think your Association the best,
Tell 'em so!
If you'd have it lead the rest,
Help it grow!
When there's anything to do,
Let the others count on you!
You'll feel splendid when it's through,
Don't you know!

If you're used to giving knocks,
Change your style,
Throw bouquets instead of rocks
For awhile.
Let the other sister roast;
Shun her as you would a ghost,
Meet her hammer with a boost
And a smile.

When a sister from afar
Comes along,
Tell her who and what you are—
Make it strong!
Never flatter, never bluff,
Tell the truth, for that's enough!
Be a booster! That's the stuff!
Just belong!

—*Selected.*

NOTE—*With apology to the Puritan for a slight change to fit the needs of our Nurses' Associations.*

"TREAT THY NURSES SWEETLY"

The following extract, taken from Jeremy Taylor's "Holy Dying," is so quaint, so instructive, and takes such an unusual view of the position of a patient towards her nurse, that we are sure it will be of special interest to our readers: "Treat thy nurses and servants sweetly, and as it becomes an obliged and a necessitous person. Remember that thou art very troublesome to them; that they trouble not thee willingly; that they strive to do thee ease and benefit, and are glad if thou likest their attendance; that whatsoever is amiss is thy disease, and the uneasiness of thy head or thy side, thy distemper or thy disaffections; and it will be an unhandsome injustice to be troublesome to them because thou art so to thyself; to make them feel a part of thy sorrows, that thou mayest not bear them alone; evilly to require their care by thy too curious and impatient wrangling and fretful spirit."—*Nursing Mirror.*

CLASSIFIED ADVERTISING

WANTED

At once, at Kentville Sanitarium, N. S., Superintendent of Nurses. References required. Applicant must have executive ability and be able to establish Training School. For further particulars apply to Superintendent, Sanitarium, Kentville, N. S.

HOME FOR NURSES

Graduate Nurses wishing to do private duty will find at Miss Ryan's Home for Graduate Nurses (connected with one of the largest private sanatoriums in the city) a splendid opportunity to become acquainted and established in their profession. Address 106 West 61st Street, New York City. Phone: Columbus 7780 7761.

NURSING BOOKS

Technical Books—If there is any book on nursing you want, write us and we will try to get it for you—The Canadian Nurse, 302 Fifteenth Avenue, East Burnaby, B. C.

The Neurological Institute of New York

offers a six months' Post Graduate Course to Nurses. Thorough practical and theoretical instruction will be given in the conduct of nervous diseases, especially in the application of water, heat, light, electricity, suggestion and re-education as curative measures.

$20 00 a month will be paid, together with board, lodging and laundry. Application to be made to Miss G. M. Dwyer, R.N., Supervisor of Nurses, 149 East 67th St., New York City.

CANADIAN NURSES BRAVELY FACE BOSCHE SHELLS

Despatches from Philadelphia tell of the arrival there of Nursing Sister Jaffray, who was wounded by a Boche aeroplane a few months ago. That our women are facing danger as readily as their brothers is daily more apparent from overseas letters. Here is an extract from a letter just received from a nurse who left Toronto this year:

"At 9 p.m. our first Boche plane came over and dropped a few tokens, but did not do any harm. All those who were fortunate enough to go to bed retired very early, but for a short time, as shells started and came in all night long. Everyone was ordered up and ready to leave camp at any minute, so there we were, dressed and piled with blankets, etc. When the word came, everyone left camp for the wheat fields, and only a couple of us stayed on duty.

"Oh, I shall never forget it. As those things whizzed in, everyone would duck down. Well, about —two of the officers went over to the wheat field with hot coffee for the girls, and to tell them they could come back, but it was useless. They just got into camp when we had to leave —everyone this time. Back we went to the wheat fields and pulled down sheaves of wheat and made our beds. Sleep was impossible. We just got comfortable when over came the planes again, and the anti-aircraft started. Really, it was a picture for Bairnsfather, us sitting up with our helmets on and wrapped in blankets. Well, at 6 a.m. we struggled back, all sorts and conditions of dressing-gowns, etc.—a regular Calithumpian parade. I assure you there was no work done that day."

THE
Graduate Nurses' Registry and Club

Phone Seymour 5834
Day and Night

Registrar—Miss Archibald

779 Bute St., Vancouver, B.C.

Phone Riverside 6385

Park View Registry
for
Graduate Nurses

Margaret E. White, R. N.
8 West 93rd St. - New York

COURSE IN PUBLIC HEALTH NURSING

—IN THE—
School of Applied Social Sciences
Western Reserve University
Cleveland, Ohio
September, 1918—June, 1919

LECTURES, required reading, case discussion and excursions compose an important part of the Course.

Training in field work is obtained in the University Public Health Nursing District which has been established in a section of the City where a great variety of problems are offered for study and treatment.

Work in this District includes general visiting, nursing, pre-natal nursing, the care of the sick and well baby, of tuberculosis and contagious diseases, field work in the Districts of the Associated Charities and with the staff of School Nurses. Opportunities for experience in rural nursing may be arranged for.

A distinguishing feature of the Course is the responsible field work conducted for its educational value under the close supervision of a staff of instructors, all of whom have held positions of responsibility in Public Health Nursing.

Loan scholarships from $125.00 to $500.00 are available at special rates. Tuition, $125.00. For further information apply to

MISS CECILIA A. EVANS,
2739 ORANGE AVENUE
Cleveland, O.

SASKATCHEWAN
Registration for Nurses Overseas and Pupil Nurses in training
March 5th, 1917

WHEREAS, Graduate Nurses, resident in the Province of Saskatchewan for at least three consecutive months previous to leaving for Overseas service, have been unable to avail themselves for membership according to By-law No. 6, before March 5th, 1918;

Be it resolved that:

1. All such Graduate Nurses above mentioned be accepted for membership provided application is made within six (6) months after return, said applicant being required to provide:

(a) Evidence of having resided in the Province for three (3) consecutive months previous to departure Overseas;

(b) To present satisfactory diploma;

(c) Payment of fee.

2. That a copy of By-laws with amendments be sent to each returned Graduate Nurse as soon as the Secretary of the S. R. N. A. has been notified of the return.

3. Pupil nurses as referred to in By-law No. 6, Clause B, will be required to register within three months after graduation.

School of Massage
The Toronto Orthopedic Hospital
FOUNDED 1899

Only School in Canada. Weir-Mitchell System. Swedish Movements. Lectures in Anatomy and Physiology. Male and Female Pupils accepted.

Terms on application to Superintendent,

100 Bloor Street West **Toronto, Ont.**

BOOKS FOR THE TRAINED NURSE

By Wilfred M. Barton, M.D., Prof. of Medicine, Georgetown University

MANUAL OF VITAL FUNCTION TESTING METHODS AND THEIR INTERPRETATION, Second Edition, revised and enlarged. $2.00 net. The only book published containing every known method of testing the functions of the vital organs. The problem of investigating the various vital functions of the organism, especially those of the heart, liver, pancreas, kidneys and ductless glands, is fast assuming a highly important and even a paramount position in pathological diagnosis. In this book the author has taken up systematically the various vital organs and described all the tests of any importance which have been devised for testing their functional capacity.

THERAPEUTIC INDEX AND PRESCRIPTION-WRITING PRACTICE—$2.00 net. The first part is a Therapeutic Index arranged alphabetically according to diseases. The student or practitioner can use the book as a pocket manual of reference as well as a systematic treatise on drugs and their uses. An alphabetical list of drugs themselves is given in the second part. Under each drug is given a lost of the diseases under which it is to be found in the index. This will enable the student use the book as a materia medica, as he may refer to any particular drug, and find the principal preparations, their doses and methods of administration. The whole book is interleaved to allow space for notes. The book conforms to the ninth decimal revision of the United States Pharmacopœia.

Send Orders to the "CANADIAN NURSE," 302 Fifteenth Avenue, East Burnaby, B.C.

BOVININE

BY EXTENSIVE EXPERIMENTATION in hospital, clinic, and private practice, it has been shown that BOVININE is a food tonic covering the broadest field. The following are some of the conditions in which it has been successfully employed: Surgical Debility, Skin Grafting, Ulcerative Fevers, Contagious Phthisis, Bronchitis, Neurasthenia, Anaemia, Dyspepsia, Real or Near Cholera, Spinal Meningitis, Cirrhosis of the Liver, Bowel Obstructions, Cancer, Enterocolitis, Etc.

The splendid sustaining, tonic and nutritive properties of BOVININE in all protracted diseases are fully established.

Write today for sample bottle, which will be sent free with one of our convenient sterilizable Tongue Depressors.

THE BOVININE COMPANY, 75 West Houston Street, New York

For the Nurse

YOU will find in our store an especially fine assortment of guaranteed Wrist Watches suitable for nurses' use. These timepieces all have 10- or 15-jewel nickel movements, and range in price from $5.00 to $13.50.

We are particularly well equipped for the manufacture of class or other special pins, either in metal or enamel. Designs submitted without charge.

In quality of workmanship our watch and jewelry repair departments are unexcelled, and our prices are most reasonable.

O. B. Allan

Specialist in Diamonds

Granville and Pender Streets
Vancouver, B.C.

School of Physical Education

McGILL UNIVERSITY

(8th Session)

Theory and Practice of Educational Gymnastics (Swedish, including Dancing and Games), Massage, Medical and Orthopædic Gymnastics, Physiology, Anatomy, Hygiene, Anthropometry, etc.; Electro-Therapy, Mechano-Therapy.

The course in Massage, which can be taken separately, covers a period of six months. Excellent clinical experience at the Montreal General Hospital. Train now and be prepared to help in the treatment of returned soldiers.

Apply to the Secretary, School of Physical Education, Royal Victoria College, McGill University, Montreal, P.Q.

No.400 DIX-MAKE UNIFORMS

***are the correct regulation white uniforms designed by us and approved by the* War Department *for* Army *and* Red Cross Nurse Corps.**

MADE of high-grade white Dixie Cloth; cut and finished with exceptional skill and care. To be had in Women's and Misses' sizes at leading department stores all over the country.

DO NOT accept inferior imitations The label

DIX-MAKE

(in blue) is in every garment for your protection.

Catalogue B and list of dealers gladly sent upon request.

HENRY A. DIX & SONS CO.

DIX BUILDING **NEW YORK**

THE ALUMNAE ASSOCIATION OF THE AMASA WOOD HOSPITAL TRAINING SCHOOL FOR NURSES, ST. THOMAS, ONTARIO

President, Miss Mary E. Stuart, Amasa Wood Hospital; Vice-President, Miss Mamie Palmer, 91 Scott Street; Recording and Corresponding Secretary, Miss Susie Dickbout, Amasa Wood Hospital; Treasurer, Miss Mary Otis, 26 Hiawatha Street; Executive Committee, Misses Wardell, Malcolm, Anderson, Brunk and Ewing; Representative to the "Canadian Nurse," Miss Hazel Hastings.

Regular Meeting—Second Wednesday, 8 p.m.

THE ALUMNAE ASSOCIATION OF THE CHILDREN'S MEMORIAL HOSPITAL TRAINING SCHOOL FOR NURSES, MONTREAL

Hon. President, Miss J. Giffen, Lady Superintendent of the Children's Memorial Hospital; President, Miss H. Gorman; Vice-President, Mrs. Walcott; Treasurer, Miss M. Wight, Children's Memorial Hospital; Secretary, Miss E. G. Alexander, Children's Memorial Hospital; Board of Directors, Misses Goodfellow and Stafford.

Association meets at the Hospital the First Friday of every second month at 4 p.m.

THE KINGSTON CHAPTER OF THE GRADUATE NURSES' ASSOCIATION OF ONTARIO

Chairman, Mrs. S. Crawford, 124 Division Street; Vice-Chairman, Miss H. M. Lovick; Secretary-Treasurer, Miss C. F. Fairlie, 480 Brock Street; Assistant Secretary-Treasurer, Miss E. Dalgleish; Corresponding Secretary, Miss P. Martin.

Regular meeting, First Tuesday, every second month.

THE TORONTO WESTERN HOSPITAL ALUMNAE ASSOCIATION

Hon. President, Miss Ellis; President, Mrs. Gilroy, 404 Spadina Avenue, Toronto; First Vice-President, Miss Anderson; Second Vice-President, Miss Boggs; Treasurer, Miss Shortreed, Toronto Western Hospital; Recording Secretary, Miss Annan; Corresponding Secretary, Miss Ewart, 22 Henderson Avenue, Toronto; Representative to Canadian Nurse (articles), Miss Jessie Cooper, 497-a Bloor Street, Toronto; Subscriptions, Miss Margaret Campbell, 91 Beatrice Street, Toronto.

Representatives Central Registry—Miss Cooney, Miss Kneeshaw, Miss B Campbell.

Visiting Committee—Mrs. Yorke, Mrs. MacConnell.

Programme Committee—Miss S. Jackson, Convener.

Knitting Committee—Miss Hornsby, Convener, 691 Spadina Avenue.

Directors—Mrs. MacConnell, Mrs. Yorke, Mrs. Valentine, Mrs. Weehaufer.

Treasurer Alumnae War Fund—Mrs. Valentine, 55 Lakeview Avenue, Toronto.

The Association meets First Friday each alternate month.

THE ALUMNÆ ASSOCIATION OF THE WOMEN'S HOSPITAL, MONTREAL

Hon. President, Miss E. F. Trench, Superintendent of Nurses, Women's Hospital; President, Mrs. A. Chisholm, 26 Lorne Avenue; Vice-President, Miss H. A. I. Wyman, 305 MacKay Street; Secretary-Treasurer, Miss J. E. Smithers, Women's Hospital.

Conveners of Committees—Finance, Miss E. F. French; Social, Miss H. A. T. Wyman; Sick Visiting, Miss Seguin.

Representative to the "Canadian Nurse"—Miss H. A. T. Wyman.

Regular Monthly Meeting—Third Tuesday, 8 p.m.

THE NEW BRUNSWICK ASSOCIATION OF GRADUATE NURSES

President, Miss M. G. Williams, 241 Douglas Avenue; Vice-President, Miss Brophy, 47 Main Street, Fairville; District Vice-Presidents, Miss Hanson, Fredericton; Miss Branscombe, St. Stephen; Miss White, Bathurst; Miss Corbett, Moncton. Council Members, Mrs. Vaughan, Miss Holt. Treasurer, Miss E. J. Mitchell, General Public Hospital; Recording Secretary, Miss Maude E. Retallick, General Public Hospital; Corresponding Secretary, Miss Ada A. Burns, 269 Germain Street; Registrar, Mrs. Mabel Richards, Newcastle.

"Canadian Nurse" Committee—Misses Murdock, Holder and Nase.

Regular Monthly Meeting—Second Monday, 8 p.m.

THE ALUMNÆ ASSOCIATION OF THE ROYAL VICTORIA HOSPITAL, MONTREAL, QUE.

President, Miss Goodhue; First Vice-President, Miss Amelia Campbell; Second Vice-President, Miss Prescott; Recording Secretary, Mrs. E. Roberts, 438 Mt. Stephen Avenue, Westmount; Corresponding Secretary, Miss Davidson, 131 Crescent Street, Montreal; Assistant Corresponding Secretaries, Misses Buck and Karn, R.V.H.; Treasurer, Miss M. Etter, R.V.H.; "Canadian Nurse" Representative, Miss L. O'Reilly, R.V.H.

Sick Visiting Committee—Mrs. M. J. Bremner (Convener), 39 Linton Apartments, Sherbrook Street West; Mrs. Paul Johnston, 17 Hope Avenue; Mrs. Walter Stewart, 449 Sherbrooke Street West; Miss Whelan, 308 Drummond Street; Miss Gall, 100 Fort Street; Miss Eaton, 464 Union Avenue.

Regular monthly meeting second Wednesday, 8 p.m.

THE FLORENCE NIGHTINGALE ASSOCIATION OF TORONTO

President, Miss A. S. Kinder, Hospital for Sick Children; Vice-President, Miss Didsbury; Secretary, Miss Jean C. Wardell, 290½ Dundas Street; Treasurer, Mrs. J. W. Wigham, 1299 Bloor Street West.

Representative to Central Registry—Misses Didsbury and Keith.

Sick Visitor—Miss Nash.

"Canadian Nurse" Representative—Miss J. L. Edgar, Hospital for Sick Children.

Board of Directors—Misses Rennie, Nash, Lowther, Millan, Limcar, Wilson, Keith, and Edgar.

Regular meetings, first Tuesday of every second month.

THE ALUMNAE ASSOCIATION OF VICTORIA HOSPITAL TRAINING SCHOOL FOR NURSES, LONDON, ONTARIO

President, Mrs. Joseph; Vice-President, Miss Whiting; Secretary and Recording Secretary, Miss Barons; Treasurer, Mrs. Cummings.

Programme Committee: Mrs. Douglas, Mrs. Thomas, Misses Mortimer, Hutchison and G. Wood.

Advisory Committee: Mrs. Peterson, Misses McVicar, Gilchrist and Forsyth.

OFFICERS OF THE TORONTO GENERAL HOSPITAL ALUMNAE ASSOCIATION FOR 1917-1918

Honorary President—Miss M. A. Sniveley; President, Miss E. McP. Dickson; First Vice-President, Miss Addie McQuhae; Second Vice-President, ——; Recording Secretary, Miss Agnes Law; Corresponding Secretary, Miss Mary Stirrett, 719 Spadina Avenue, Toronto; Treasurer, Miss Elsie Hickey, 19 Sparkhall Avenue, Toronto.

Board of Directors—Misses Gertrude Hill, Isabel Graham, and Bay Macdonald.

Entertainment Committee—Miss E. MacKinnon, Convener.

Central Registry Representative—Miss Edith Dynes.

"Canadian Nurse" Representatives—Miss E. H. Purdy (subscriptions); Miss Louise Dickson (articles).

Association meets in Nurses' Residence the First Wednesday in October, then First Wednesday of each alternate month for season.

THE ALUMNAE ASSOCIATION OF ST. MICHAEL'S HOSPITAL, TORONTO

Hon. President—Rev. Mother Alberta; President, Miss Mary Irene Foy, 163 Concord Avenue; First Vice-President, Miss A. Dolan; Second Vice-President, Miss K. Kennedy; Third Vice-President, Miss Helen G. O'Connor; Corresponding Secretary, Miss K. Keaney, 127 Spruce Hill Road; Recording Secretary, Miss C. McBride; Treasurer, Miss N. Gartlan.

Board of Directors—Hon. Director, Sr. M. Mercedes.
Directors—Mrs. W. P. O'Brien, Miss Edith Atmore, Miss Mabel Power.
Representatives on Central Registry Committee—Miss J. O'Connor.
Secretary-Treasurer Sick Benefit—Miss A. Hurley.
Press Representative—Miss J. Gibson.

Regular Meeting—Second Monday of each month.

To the Medical Profession:

The Standard Oil Co. (New Jersey) is in a position to select raw materials of the best quality obtainable in any parts of the world; and with their excellent manufacturing facilities and expert chemists they offer in NUJOL a product for use in the treatment of constipation of the finest quality manufactured in any country up to date.

In witness of this fact we will be pleased to send a sample of NUJOL to any physician who will request it of Charles Gyde & Son, Box 875, Montreal, Quebec, Canadian Selling Agents.

F. H. Bedford Jr.
MGR. NUJOL DEPARTMENT

Manufactured by

STANDARD OIL CO., (NEW JERSEY)

THE ALUMNAE ASSOCIATION, HOSPITAL FOR SICK CHILDREN TRAINING SCHOOL FOR NURSES, TORONTO

President, Miss Ella Jamieson, 23 Woodlawn Avenue; First Vice-President, Miss Mary Hill, 105 Roxborough Street; Second Vice-President, Miss Olive Campbell, Belleville, Ont.; Corresponding Secretary, Miss Marion C. Starr, 83 Albany Avenue; Recording Secretary, Miss Dorothy Burwash, 221 Elizabeth Street; Treasurer, Miss Ivy Anderson, Base Hospital, Gerrard Street.

Registry Representatives—Miss Jennie Hill, 105 Pendrith Street; Miss Bertha Hall, 180 Crescent Road.

Sick Visiting Committee—Miss Mary Gray, 505 Sherbourne Street; Miss Effie Miller, 221 Elizabeth Street; Miss Elizabeth Dingwall, 100 Woodside Avenue.

THE ALUMNAE ASSOCIATION OF THE HAMILTON CITY HOSPITAL TRAINING SCHOOL FOR NURSES

President, Miss B. Emerson, 137 Catherne Street, North; Vice-President, Mrs. Newson; Secretary, Mrs. O'Brien, 170 Catherne Street, North; Treasurer, Mrs. Jarvis, 139 Oak Avenue; Corresponding Secretary, Miss Bessie Sadler, 100 Grant Avenue; Committee, Misses Waller, Dunlop, Kerr, McDermott, Nash; The "Canadian Nurse" Representative, Miss E. L. Taylor, Strathcona Apartments.

Regular Meeting—First Tuesday, 3.30 p.m.

THE ALUMNAE ASSOCIATION OF GRACE HOSPITAL, TORONTO

Honorary President, Miss G. L. Rowan, Superintendent Nurses, Grace Hospital; President, Miss M. E. Henderson; First Vice-President, Miss C. E. DeVellin; Second Vice-President, Miss M. Greer; Corresponding Secretary, Miss Rutherford; Recording Secretary, Miss MacIntyre; Treasurer, Mrs. J. M. Aitken, 409 West Marion Street.

Directors: Misses Rowan, Burnett, Pearen, Cullen, Mrs. McKeown.

Representative to Canadian Nurse, Miss M. Greer.

Representative on Central Registry Committee, Misses Wixon and Cunningham.

Conveners of Committees—Social Miss Etta McPherson; Programme: Miss Rowan; Press and Publication: Miss L. Smith; Sick: Miss Goldner.

Regular Meeting—Second Tuesday, 8 p.m.

THE ALUMNAE ASSOCIATION, RIVERDALE HOSPITAL, TORONTO

President, Miss Golay, 142 Ellsworth Avenue; Vice-President, Miss McNeill, 82 Gloucester Street; Secretary, Miss Alice Kirk, Riverdale Hospital; Treasurer, Miss Frances Schoales, 3 Withrow Avenue. Executive Committee, Misses Jessie Naives and Elizabeth Miller; Conveners of Committees, Miss Love, Sick and Visiting; Miss Honey, Programme.

Representatives on Central Registry—Misses Goloy and Maude Thompson.

Representative on "Canadian Nurse"—Norine V. Schoales.

Regular Meeting—First Thursday every second month, 8 p.m.

THE ALUMNAE ASSOCIATION OF ST. BONIFACE HOSPITAL, ST. BONIFACE, MANITOBA

Hon. President, Rev. Sister Wagner, St. Boniface Hospital; President, Miss Maude Wannacott, 536 Greenwood Place; First Vice-President, Miss A. C. Starr, 753 Wolseley Avenue; Second Vice-President, Miss S. McLelland, 753 Wolseley Avenue; Secretary, Miss C. Maddin, 98 Lipton Street; Treasurer, Miss Carson, 74 Langside Street.

Convenors of Committees—

Executive—Miss Chisholm, 753 Wolseley Avenue.

Social—Miss Starr, 753 Wolseley Avenue.

Sick Visiting—Mrs. Montgomery, 196 Kennedy Street.

Red Cross—Mrs. Hall, 237 Morley Avenue.

Regular Monthly Meeting, second Wednesday at 3 p.m.

THE ALUMNAE ASSOCIATION OF THE WESTERN HOSPITAL, MONTREAL

Hon. President, Miss Jane Craig, Supt. of Nurses, Western Hospital, Montreal; President, Miss Wright, 30 Souvenir Avenue; First Vice-President, Miss Birch, Western Hospital; Second Vice-President, Miss Perrault, Western Hospital; Secretary-Treasurer, Miss B. A. Dyer, 903 Tupper Street.

Conveners of Committees—Finance, Mrs. McLean; Programme, Miss Buchan; Membership and Visiting, Miss Finnigan; General Nursing and Social, Miss Wilkinson.

Representative to "The Canadian Nurse," Miss Ada Chisholm.

Regular Meeting—First Monday, 4 p.m.

THE ALUMNAE ASSOCIATION, TORONTO FREE HOSPITAL TRAINING SCHOOL FOR NURSES, WESTON, ONT.

Honorary President, Miss E. McP. Dickson, Superintendent of Nurses, Toronto Free Hospital; President, Miss J. D. Bryden, Toronto Free Hospital; Vice-President, Miss K. Bowen, Farringdon Hill, Ont.; Secretary, Miss Nora E. Acton, Toronto Free Hospital; Treasurer, Miss M. Ryan, Toronto Free Hospital.

Programme Convener—Miss A. E. Wells, 27 Balmuto Street.

Press Representative—Miss C. I. Bobbette, Toronto Free Hospital.

Regular Meeting—Second Friday, every second month.

THE ALUMNAE ASSOCIATION OF THE WOODSTOCK GENERAL HOSPITAL TRAINING SCHOOL FOR NURSES

Honorary President, Miss Frances Sharpe, Woodstock Hospital; President, Mrs. V. L. Francis, 82 Delatre St.; Vice-president, Mrs. A. T. MacNeill, 146 Wilson St.; Recording Secretary, Miss M. H. Mackay, R. N.; Assistant Secretary, Miss Anna Elliott; Corresponding Secretary, Miss Kathleen Markey; Treasurer, Miss Winifred Huggins; Representative The Canadian Nurse, Miss Bertha Johnston.

THE GRADUATE NURSES' ASSOCIATION OF ONTARIO, INCORPORATED 1908

President, Miss Kate Mathieson, Superintendent Riverdale Hospital, Toronto; First Vice-President, Miss Kate Madden, Hamilton City Hospital; Second Vice-President, Miss Florence Potts, Hospital for Sick Children, Toronto; Secretary, Miss E. McP. Dickson, Toronto Free Hospital, Weston; Treasurer, Miss Ella Jamieson, 23 Woodlawn Avenue, Toronto.

Board of Directors—Miss Rowan, Miss Ellis, Miss Dyke, Miss Gunn, Miss Cooper, Toronto; Miss Reynolds, Miss Laidlaw, Miss McDonald, Hamilton; Miss Tilley, Brantford; Miss Mowery, Peterboro; Miss Londeau, Windsor; Miss Walper, Sarnia; Mrs. Harris, Ottawa; Miss Rankin, London; Miss Milton, Kingston; Miss Forham, Owen Sound.

THE ALUMNAE ASSOCIATION OF THE WELLESLEY HOSPITAL TRAINING SCHOOL FOR NURSES, TORONTO

Honorary President, Miss Elizabeth G. Flaws, R. N.; President, Miss Gladys Gustin; Vice-President, Miss Ethel Hogaboom; Secretary-Treasurer, Miss Helen Carruthers, 552 Huron Street, telephone, Hillcrest 4233. Executive Committee: Miss Ethel P. Winn, Miss Eva Lind, with the foregoing.

H. CARRUTHERS, Sec.-Treas.

THE EDMONTON GRADUATE NURSES' ASSOCIATION

President, Mrs. R. W. R. Armstrong, R. N., Armstrong Block, 103rd Street, Edmonton; First Vice-President, Mrs. Manson, R. N., Rene Lemarchard Mansions, 116th Street, Edmonton; Second Vice-President, Mrs. Lucas, 9671—87th Avenue, Edmonton South; Recording Secretary, Miss A. Evans, R. N., Rene Lemarchard Mansions, 116th Street, Edmonton; Corresponding Secretary, Miss A. L. Sproule, R. N., 11158—82nd Avenue, Edmonton South; Treasurer, Mrs. C. A. Campbell, 10168—113th Street, Edmonton.

Regular Monthly Meeting—Third Wednesday, 3.30 p.m.

THE ALUMNÆ ASSOCIATION OF THE TORONTO HOSPITAL FOR INCURABLES

Honoary President, Mrs. A. A. Jackson, 338 Symington Avenue, Toronto; President, Miss Esther M. Cook, Toronto Hospital for Incurables; Vice-President, Miss Eva LeQueyer; Secretary-Treasurer, Miss Alice Lendrum, Hamilton; Press Representative, Miss J. McLean, 281 Sherbourne Street, Toronto.

Regular Meeting—Third Monday, at 3 p.m.

KINGSTON GENERAL HOSPITAL ALUMNAE ASSOCIATION KINGSTON, ONT.

Hon. President, Miss Claudia Boskill; President, Mrs. George Nichol, Cataraqui, Ont.; First Vice-President, Mrs. D. F. Campbell; Second Vice-President, Miss E. Baker; Secretary, Miss Florence Hiscock, 117 William Street, Kingston; Assistant Secretary, Nursing Sister Olive O'Neill; Corresponding Secretary, Mrs. G. H. Williamson; Treasurer, Mrs. H. Marshall.

BAKER'S
BREAKFAST
COCOA

REGISTERED TRADE-MARK

A pure, delicious and wholesome drink. Rich in food value, yet of moderate price, it possesses the natural flavor, color and aroma of high grade cocoa beans.

MADE IN CANADA by

Walter Baker & Co. Limited

Established 1780

Montreal, Canada Dorchester, Mass.

New York Polyclinic

Post Graduate School of Nursing

¶ Offers nine months' course in the following branches: Surgery, including emergency work; Operating Room Technic; Sterilization; Gynecology; Pediatrics; Eye, Ear, Nose, Throat; Orthopedics; Cystoscopy.

¶ Classes by resident instructor, supplemented by bedside instruction. Lectures by Attending Staff. Special Course in Dietetics. Diploma awarded on satisfactory completion of course. Remuneration: Board, lodging, laundry, and $10 monthly.

¶ A special course of four months' duration is offered to those specially qualified. Board, lodging and laundry furnished.

SUPERINTENDENT OF NURSES

341-351 West 50th Street, New York

Save the Natural Teeth

--there's nothing that will fully take their place.

IF your teeth are defective in any way, let me examine them. If you come in time Crown or Bridgework may be done which will make the work a permanent part of the natural teeth.

X-Ray films taken if necessary

Examinations made on 'phone appointment

Dr. Brett Anderson

Crown and Bridge Specialist

602 Hastings St., West, Cor. Seymour

Vancouver, B.C.

Phone, Seymour 3331

YOUR UNIFORM IS IMPORTANT

We carry in stock a very complete line of carefully-made uniforms—

FOR THE GRADUATE NURSE

Neat, trim models made of Gabardine, Jean Cloth or Pique, with high, low or convertible collars.

FOR THE PROBATIONER AND THE NURSE-IN-TRAINING

Well cut, smart designs, made of Blue or Pink Chambray.

ALSO FOR THE ST. JOHN'S AMBULANCE BRIGADE

A well-made uniform of serviceable Grey Chambray.

Many requisities and accessories for Nurses.

Write to the SHOPPING SERVICE and one of our experienced Shoppers will buy for you. Or write us for information and it will be cheerfully sent you.

THE T. EATON Co LIMITED

TORONTO - CANADA

Pennsylvania Orthopaedic Hospital and School of Mechano-Therapy (Incorporated)

1709-1711 GREEN STREET, PHILADELPHIA, Pa.

SWEDISH (Ling) SYSTEM of MASSAGE, CORRECTIVE and MEDICAL GYMNASTICS, ELECTRO, THERMO and HYDRO-THERAPY.

Theoretical and Practical Instruction in Anatomy, Physiology, Pathology, Hygiene, Massage, Gymnastics, Hydro, Thermo and Electro Therapy.

Abundant Clinical Material, Complete Course eight months. Graduates assisted to positions.

Classes begin second Wednesday in January, March, September and November. Catalogue upon request.

JOSEPH W. ANDERSON, M.D., Medical Director.

RUTH E. SMITH, Dean.

THE ALUMNAE ASSOCIATION OF THE MONTREAL GENERAL HOSPITAL, MONTREAL

Hon. President—Miss Livingston.
President—Miss Strumm.
First Vice-President—Miss McNutt.
Second Vice-President—Miss Tedford.
Recording Secretary—Miss Briggs.
Corresponding Secretary—Miss Clayton, 23 St. Luke Street, Montreal.
Treasurer—Miss Jamieson, 975 Tupper Street, Montreal, Que.
"Canadian Nurse" Representative—Miss Whitney, M. G. H.
Committee—Miss Moffatt, Miss Brook, Miss E. Brown, Mrs. Dunwoody, Miss J. Murphy.

OFFICERS OF THE GRADUATE NURSES' ASSOCIATION OF BRITISH COLUMBIA

President—Miss Helen Randal, 302 Fifteenth Avenue, East Burnaby; First Vice-President, Mrs. M. E. Johnston; Second Vice-President, Miss Muriel Grimmer; Third Vice-President——; Secretary-Treasurer, Miss Elizabeth Breeze, 1063 Balfour Avenue, Vancouver; Executive, Misses Ruth Judge, Sinclair, Stott, Stark, Bone, Tolmie and J. Mackenzie.

ALBERTA ASSOCIATION OF GRADUATE NURSES

Incorporated April 19, 1916

Council—Miss Victoria I. Winslow, R. N., Superintendent of Nurses, General Hospital, Medicine Hat; President; Miss L. M. Edy, R. N., Superintendent of Nurses, General Hospital, Calgary, Convener of Finance Committee; Miss Edith M. Retherford, R. N., 934 Fifteenth Avenue, W., Calgary, Representative on the Canadian National Association Committee on Public Health Nursing; Mrs. Katharine Manson, R. N., Military Hospital, Edmonton; Miss C. M. Campbell, R. N., Superintendent of Nurses, Royal Alexandra Hospital, Edmonton, "The Canadian Nurse" Representative; Miss Frances Macmillan, R. N., Assistant Superintendent of Nurses, Royal Alexandra Hospital, Edmonton; Mrs. R. W. R. Armstrong, R. N., Drawer 276, Edmonton, Secretary-Treasurer and Registrar.

The prudent practitioner, being guided by the dictates of experience, relieves himself from disquieting uncertainty of results by safeguarding himself against imposition when prescribing

ERGOAPIOL (Smith)

The widespread employment of the preparation in the treatment of anomalies of the menstrual function rests on the unqualified indorsement of physicians whose superior knowledge of the relative value of agents of this class stands unimpeached.

By virtue of its impressive analgesic and antispasmodic action on the female reproductive system and its property of promoting functional activity of the uterus and its appendages, Ergoapiol (Smith) is of extraordinary service in the treatment of

AMENORRHEA, DYSMENORRHEA
MENORRHAGIA, METRORRHAGIA
ETC

ERGOAPIOL (Smith) is supplied only in packages containing twenty capsules. DOSE: One to two capsules three or four times a day. ❜ ❜ ❜ Samples and literature sent on request.

MARTIN H. SMITH COMPANY, New York, N. Y., U. S. A.

BOOKS JUST ISSUED

HISTORY OF NURSING—From the earliest days to the present time. By Minnie Goodnow, R.N. A book of about 400 pages, with 88 illustrations. Cloth, $2.00.

FOOD FOR THE SICK—A manual for the Physician, Nurse and Patient. By S. Strouse, M.D., and Maude A. Perry, A.B., Dietitian at the Michael Reese Hospital, Chicago. A book of 270 pages. Cloth, $1.50.

WAR NURSING—A text-book for the Auxiliary Nurse. By Minnie Goodnow, R.N., war nurse in France. 172 pages, 120 illustrations. Cloth, $1.50.

THE BABY'S FOOD—Recipes for the preparation of food for infants and children. By Isaac A. Abt, M.D. 140 pages. Cloth, $1.25.

WAR SURGERY—Addresses on War Surgery. By Sir Berkeley Moynihan, C.B., Temporary Colonel, A.M.S., Consulting Surgeon, Northern Command. 12 mo. book of 143 pages. Cloth, $1.75.

The J. F. Hartz Co. Limited

Sickroom Supplies

24-26 Hayter Street TORONTO

FELLOWS' SYRUP
of the
HYPOPHOSPHITES

promotes

Appetite Energy Vitality

Not an untried experiment but a Tonic remedy whose efficacy has been fully demonstrated during half a century of practical application.

HAVE YOU TRIED IT?

Samples and Literature sent upon request

FELLOWS MEDICAL MANFG. CO., Inc.

A LONG-FELT WANT SUPPLIED

Children's Diseases for Nurses

BY

Herman Schwarz, Director Pediatric Department, New York Maternity Polyclinic, and A. S. Blumgarten, M.D., author of "Materia Medica for Nurses."

The long-felt need for an up-to-date text on the nursing of Children's Diseases has led these well-known authors to prepare this work especially for the use of pupil nurses. It is written in a thorough, practical, easy and simple style, combining Dr. Schwarz' broad knowledge of children's diseases with Dr. Blumgarten's experience as a successful teacher and writer on nursing subjects, whose text-book on Materia Medica is already used in hundreds of training schools.

This new text is an invaluable aid to teachers and nurses in hospitals, and is the first comprehensive and essentially practical work so far published on the subject.

Ready shortly. Probable Price, $1.75

If your bookseller cannot supply you, send us $1.75 and we will forward the book post-paid as soon as it is off the press.

THE MACMILLAN COMPANY OF CANADA, LIMITED,

70 Bond Street - Toronto, Ont.

Boston Courses in Public Health Nursing

THE DEPARTMENT OF PUBLIC HEALTH NURSING OF SIMMONS COLLEGE, in connection with the Instructive District Nursing Association and the School for Social Workers, offers to qualified nurses a course in preparation for public health nursing, extending from September, 1917, to June, 1918.

At Simmons College, the work includes courses in applied bacteriology, municipal, rural and industrial sanitation, social legislation, sex hygiene and principles of teaching; at the School for Social Workers, lectures and conferences on principles and methods of social work, with practical field work under the direction of a social agency. Practical experience in the various branches of public health nursing is arranged and supervised by the Instructive District Nursing Association.

TUITION FEE, $80.00

THE INSTRUCTIVE DISTRICT NURSING ASSOCIATION offers to qualified nurses a four months' course designed to give a basis for the varieties of public health nursing and social work where nurses are in demand. By means of lectures, conferences and supervised practical work, instruction is given in the various forms of visiting nursing, including its preventive and educational aspects. Experience is also given in the methods of organized relief.

TUITION FEE, $20.00

Both courses lead to certificates. For particulars of either course, for application blanks and scholarships, apply to

MISS ANNIE H. STRONG

561 Massachusetts Avenue, Boston, Mass.

The Woman's Hospital in the State of New York

West 110th Street

A POST GRADUATE COURSE of six months is offered in surgical, gynecological and obstetrical nursing, operating and sterilising-room work. Twenty-five lectures are given by the Attending Surgeons and Pathologist. A special Nurse Instructor holds weekly classes with demonstrations, reviewing nursing subjects, leading to Regents' Examination if desired. Experience in the wards is supplemented by talks on Hospital and Training School management. Service in Out-Patient, Electric, and Cystoscopic Clinics, Drug Room, Kitchen, Laundry, etc., is elective. Work in Social Service is awarded those showing special fitness for it.

The Hospital is ideally situated on Cathedral Heights, near the Hudson River, and is cool and comfortable in summer. Nurses from the South will find New York delightful.

On completion of the Course a diploma is awarded. The School maintains a Registry for its graduates.

For further information apply to

Directress of Nurses

The Central Registry of Graduate Nurses

Begs to inform the physicians of Ontario that they are prepared to furnish private and visiting nurses at any hour—day or night.

TELEPHONE MAIN 3680

295 Sherbourne Street, TORONTO

MISS EWING

REGISTRAR

Graduate Sick Children's Hospital

Toronto

To BUILD UP
To BRACE UP
To TONE UP

In ANY form of DEVITALIZATION prescribe

Pepto-Mangan (Gude)

Especially useful in

ANEMIA of All Varieties:
CHLOROSIS: AMENORRHEA:
BRIGHT'S DISEASE: CHOREA:
TUBERCULOSIS: RICKETS:
RHEUMATISM: MALARIA:
MALNUTRITION: CONVALESCENCE:
As a GENERAL SYSTEMIC TONIC
After LA GRIPPE, TYPHOID, Etc.

DOSE: One tablespoonful after each meal. Children in proportion.

Supplied in 11-ounce bottles only—never in bulk.

Samples and literature sent upon request.

Prescribe original bottle to avoid substitution.

M. J. BREITENBACH COMPANY
New York, U. S. A.

Our Bacteriological Wall Chart or our Differential Diagnosis Chart will be sent to any Physician upon request.

LEEMING-MILES CO., LTD., Montreal, Canadian Agents.

MALTINE

With CASCARA SAGRADA

For Constipation and Hemorrhoids

CASCARA SAGRADA is acknowledged to be the best and most effective laxative know, producing painless and satisfactory movements. Combined with the nutritive, tonic and digestive properties of Maltine, it forms a preparation far excelling the various pills and potions which possess only purgative elements. The latter more or less violently FORCE the action of the bowels, and distressing reaction almost invariably follows, while Maltine with Cascara Sagrada ASSISTS NATURE, and instead of leaving the organs in an exhausted condition, so strengthens and invigorates them that their normal action is soon permanently restored.

FOR SALE BY ALL DRUGGISTS

The MALTINE COMPANY

88 Wellington Street West, TORONTO

WEDDING CAKES A SPECIALTY

COLES

Caterer and Manufacturing Confectioner

719 Yonge Street, Toronto

The Graduate Nurses' Residence and Registry

PHONE SHERBROOKE 630 DAY OR NIGHT

753 Wolseley Ave., WINNIPEG

LISTERINE

is an antiseptic aid to the professional nurse; it is readily obtainable and contributes much to the comfort of the patient because of the satisfactory results attending its employment in the sick room.

LISTERINE

is very acceptable to the bed-ridden and convalescent because of its agreeable odor. A refreshing sense of cleanliness follows its use, in suitable dilution, as a mouth-wash, lotion or sponge bath.

LISTERINE

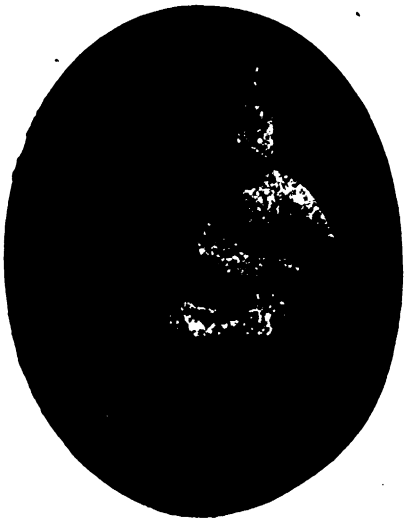
may be utilized as a wash, spray or douche, and has a wide range of usefulness that is referred to specifically in the literature we shall gladly mail, with a 3-ounce sample bottle, to any registered nurse, on request.

LAMBERT PHARMACAL COMPANY

Twenty-first and Locust Streets, ST. LOUIS, Mo., U.S.A. 66 Gerrard Street, TORONTO

This £50 Prize Baby was fed on

Robinson's "Patent" Barley



Physically, this boy is as nearly perfect as a child can be. In a competition organized by the "Daily Sketch" of London, England, this baby, in competition with a large number of other children, won the first prize of £50. His mother, Mrs. Ethel Hodge of Trafalgar Crescent, Bridlington, Yorks., writes as follows: "He is a fine, healthy and strong boy, as shown by the photo, having been entirely fed on Robinson's 'Patent' Barley and Milk from three months old."

Thousands of babies that have been unable to retain any other food, have been strengthened and nourished on Robinson's 'Patent' Barley. The fact that Robinson's 'Patent' Barley is prescribed by nurses and physicians is its strongest endorsation.

Nurses will find some interesting facts in our little booklet, "Advice to Mothers," which we send free to every nurse upon request.

191 St. Paul St. W. Montreal

MAGOR, SON & CO. LTD.

Sole Agents for Canada

30 Church St. Toronto